



INDOOR GAMES

**39th ANNUAL EDMONTON, AB
FEBRUARY 13 - MARCH 18, 2017**

Below are results from the March 18 competitions for the 39th Annual Running Room Indoor Games.

"Q" indicates heat winner advancing to the next round, and
"q" indicates advancement to the next round based on time.

The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Girls 200 Metre Dash Elementary****18 Advance: Top 1 Each Heat plus Next 8 Best Times**

Sponsor: The Running Room

Meet: # 27.50 1985-03-05 Monica Highbough, Pollard Meadows

Name	Year Team	Prelims	Qtrs	H#	Alternate
Quarter-Finals					
1 Dianna Proctor	Windsor Park	29.43	28.66Q	10	
2 Kiersten Epp	Parkview	30.83	29.45Q	5	
3 Brynn Hobal	St. Paul Edmonton	29.54	30.42Q	9	
4 Whitney Lafayette	Crawford Plains	30.16	30.66Q	7	
5 Natasha Iwuk	St. Stanislaus	31.64	30.83Q	4	
6 Ava Weeks	Keenooshayo	30.14	30.90Q	8	
7 Annika Saunders	Esther Starkman	32.34	31.38Q	3	
8 Julia Daus	A. Blair McPherson	31.48	31.48Q	1	
9 Makayla Kenton	Aldergrove	32.21	31.68Q	2	31.671
10 Kylee Adamkowski	Aurora	31.45	31.90Q	6	
11 Madison Wong	Suzuki	31.72	31.41q	3	
12 Maakor Okei	Elmer S. Gish	32.18	31.49q	1	
13 Ali Stewart	Clara Tyner	30.94	31.52q	4	
14 Brigitte Olson	Earl Buxton	31.54	31.68q	5	31.673
15 Efia Wiredu	Grandview Heights	31.33	31.73q	2	
16 Riona Morrison	Lansdowne	31.81	32.17q	2	32.162
16 Payton Coffin	Brentwood	32.26	32.17q	3	32.162
18 Zoe Williams	Earl Buxton	32.31	32.35q	2	
19 Samantha Rae	Bessie Nichols	32.55	32.56	4	
20 Hailey Pudlowski	Clara Tyner	32.85	32.65	7	32.642
21 Eliana So	Clara Tyner	33.65	32.65	9	32.648
22 Anaka Weber	Fultonvale	32.69	32.75	6	
23 Isla Deans	Parkallen	33.58	32.82	8	
24 Kiana LyNguyen	Aurora Edmonton	32.96	32.83	5	
25 Ella Fownes	Notre Dame Edmonton	32.02	32.89	1	
26 Ella Wertz	Lendrum	32.99	32.90	8	
27 Siobhan Tomlinson	Suzuki	33.18	33.07	9	
28 Campbell Wood	George H. Luck	32.62	33.23	5	
29 Zyna Malafu	Crawford Plains	33.54	33.25	6	
30 Allyson Thain	CharlieKillamCam	33.74	33.32	5	
31 Alya Amusat	A.L. Horton	33.80	33.38	10	
32 Aylie Dahl	Bellevue	33.56	33.44	7	
33 Jenna Gehring	Brentwood	34.46	33.50	10	
34 Kkushi Verma	Aurora Edmonton	33.46	33.55	9	
35 Emmanuelle Mbumba	Ste. Jeanne-d'Arc	33.18	33.61	10	
36 Francis Chyz	Forest Heights	34.51	33.67	3	
37 Morgan Dux	Crestwood	33.24	33.90	10	
38 Jenna Harker	Greenfield	31.98	33.95	1	
39 Hannah Mukhi	Aurora Edmonton	34.48	33.98	9	
40 Amelie Snowdon	Lansdowne	34.73	34.18	6	
41 Cedar Christopherson	Westglen	33.73	34.21	6	34.201
41 Madisson Camara	Aldergrove	33.64	34.21	7	34.201



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Girls 200 Metre Dash Elementary**

43	Sabrina Lau	M William Irwin	34.76	34.29	7
44	Teagan Lavalee	Lago Lindo	33.80	34.37	4
45	Sadie Undershultz	Gold Bar	34.44	34.69	2
46	Julianna Symbaluk	St. Lucy	34.41	34.82	1
47	Grace Vanderdooren	M William Irwin	34.74	34.94	8
48	Chloe Johnson	Our Lady of Mt C	34.72	35.24	5
49	Kallie Kniesel	Michael Strembitsky	34.30	35.38	2
50	Florence Bilodeau	La Mission	34.94	37.65	8
--	Chrisitina Beaudoin	Hay Lakes	34.39	DNS	1
--	Isabelle Cormier	Ste. Jeanne-d'Arc	34.93	DNS	10
--	Divya Andrews	Michael Strembitsky	30.60	DNS	6
--	Bella Bouliane	Crestwood	30.21	DNS	7
--	Allena Laschuk	St. Lucy	33.81	DNS	3
--	Emma Andrews	Bessie Nichols	32.54	DNS	4
--	Danika Turner	Bessie Nichols	33.57	DNS	8

Girls 200 Metre Dash Elementary**6 Advance: Top 1 Each Heat plus Next 3 Best Times**

Sponsor: The Running Room

Meet: # 27.50 1985-03-05 Monica Highbough, Pollard Meadows

Name	Year Team	Qtrs	Semis	H#	Alternate
Semi-Finals					
1	Dianna Proctor	Windsor Park	28.66	29.05Q	3
2	Brynn Hobal	St. Paul Edmonton	30.42	30.32Q	1
3	Natasha Iwuk	St. Stanislaus	30.83	30.85Q	2
4	Whitney Lafayette	Crawford Plains	30.66	30.54q	1
5	Ava Weeks	Keenooshayo	30.90	30.77q	3
6	Kiersten Epp	Parkview	29.45	30.87q	2
7	Ali Stewart	Clara Tyner	31.52	31.46	3
8	Makayla Kenton	Aldergrove	31.68	31.73	1
9	Julia Daus	A. Blair McPherson	31.48	31.92	2
10	Kylee Adamkowski	Aurora	31.90	32.35	1
11	Efia Wiredu	Grandview Heights	31.73	32.41	1
12	Madison Wong	Suzuki	31.41	32.47	2
13	Payton Coffin	Brentwood	32.17	32.85	1
14	Annika Saunders	Esther Starkman	31.38	32.93	3
15	Zoe Williams	Earl Buxton	32.35	32.94	3
16	Riona Morrison	Lansdowne	32.17	33.34	2
17	Maakor Okei	Elmer S. Gish	31.49	34.09	3



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Girls 200 Metre Dash Elementary**

Sponsor: The Running Room

Meet: # 27.50 1985-03-05 Monica Highbough, Pollard Meadows

Name	Year Team	Semis	Finals	Alternate
Finals				
1 Dianna Proctor	Windsor Park	29.05	28.5h	
2 Brynn Hobal	St. Paul Edmonton	30.32	28.7h	
3 Whitney Lafayette	Crawford Plains	30.54	30.1h	
4 Ava Weeks	Keenooshayo	30.77	30.2h	
5 Kiersten Epp	Parkview	30.87	30.9h	
6 Natasha Iwuk	St. Stanislaus	30.85	31.1h	

Girls 800 Metre Run Elementary**10 Advance: Top 1 Each Heat plus Next 6 Best Times**

Pat Munro Memorial

Meet: # 2:26.90 2015-02-23 Sadie Sigfstead, Windsor Park

Name	Year Team	Prelims	Semis	H#	Alternate
Semi-Finals					
1 Libby Dunn	Corinthia Park	2:39.46	2:42.18Q	4	
2 Julianna Chipiuk	Bellevue	2:42.77	2:42.24Q	3	
3 Josephine Plitt	Notre Dame Leduc	2:46.84	2:43.19Q	2	
4 Izabella Seiler	Dansereau Meadows	2:55.92	2:50.84Q	1	
5 Ella Ross	Corinthia Park	2:44.26	2:47.16q	3	
6 Lauren Dellezay	St. Andre	2:58.67	2:47.24q	2	
7 Shea Koebel	Earl Buxton	2:39.01	2:49.47q	4	
8 Alexa Kropp	Westboro	2:54.77	2:51.44q	1	
9 Hannah Harper	George H. Luck	2:51.46	2:51.80q	2	
10 Alison Mackie	Westglen	3:03.78	2:53.87q	2	
11 Haden Thomas	Riverdale	3:06.43	2:55.11	2	
12 Thea McDougald	Windsor Park	2:58.17	2:58.91	1	
13 Brooklyn Johnston	Beau Meadow	3:01.70	2:59.10	4	
14 Lily Wood	George H. Luck	3:00.22	2:59.36	1	
15 Jasmine Laing	Riverdale	3:10.56	3:01.26	4	
16 Mira Emamaullee	Windsor Park	3:15.68	3:02.55	2	
17 Kyla Osborne	Robert Rundle	3:09.90	3:02.80	4	
18 Ella White	Lago Lindo	3:02.08	3:03.81	3	
19 Ava FERENCE	Parkview	3:03.45	3:04.02	3	
20 Ryann Gallagher	Velma E. Baker	3:12.03	3:05.10	1	
21 Caitlin Born	Westglen	3:01.38	3:05.62	3	
22 Cassie Ross	Esther Starkman	3:03.82	3:06.12	1	
23 Mariam Hamoui	Clear Vista	3:12.33	3:06.37	2	
24 Victoria Fortin	Brentwood	3:10.31	3:06.61	4	
25 Audrey Sutton	La Mission	3:14.87	3:06.90	4	
26 Tess Filipchuk	Earl Buxton	3:11.29	3:07.89	2	
27 Neive Thomas	Victoria	3:17.42	3:08.36	1	
28 Vanessa Poirier	Balwin	3:06.92	3:11.83	3	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Girls 800 Metre Run Elementary**

29 Olivia Doak	Esther Starkman	3:12.87	3:12.48	4
30 Reese Hoyt	Parkallen	3:11.90	3:13.52	1
31 Sabine Gross	Gold Bar	3:10.97	3:13.95	3
32 Krysta Fuller	Ellerslie Campus	3:17.89	3:14.62	3
33 Livi Palmer	Greenfield	3:12.55	3:15.28	3
34 Kaley Engram	Bellevue	3:17.23	3:20.78	1
35 Rayden Henry	Ministik	3:17.90	3:26.89	4
36 Roda Berhe	St. Elizabeth	3:17.76	3:28.11	2

Girls 800 Metre Run Elementary

Pat Munro Memorial

Meet: # 2:26.90 2015-02-23 Sadie Sigfstead, Windsor Park

Name	Year Team	Semis	Finals	Alternate
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Finals

1 Shea Koebel	Earl Buxton	2:49.47	2:30.31	
2 Libby Dunn	Corinthia Park	2:42.18	2:30.59	
3 Julianna Chipiuk	Bellevue	2:42.24	2:36.70	
4 Ella Ross	Corinthia Park	2:47.16	2:38.15	
5 Josephine Plitt	Notre Dame Leduc	2:43.19	2:47.02	
6 Hannah Harper	George H. Luck	2:51.80	2:51.09	
7 Lauren Dellezay	St. Andre	2:47.24	2:52.25	
8 Alexa Kropp	Westboro	2:51.44	2:52.62	
9 Izabella Seiler	Dansereau Meadows	2:50.84	2:52.65	
10 Alison Mackie	Westglen	2:53.87	2:53.17	

Girls 8x200 Metre Relay Elementary**24 Advance: Top 1 Each Heat plus Next 14 Best Times**

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (7:55 p.m.)

Heat 2 in Final Round: Medal Final (8:25 p.m.)

Meet: # 4:12.00 2005-03-12 Centennial

Team	Prelims	Qtrs	H#	Alternate
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Quarter-Finals

1 Michael A. Kostek	4:27.00	4:19.40Q	5	
2 Muriel Martin	4:27.20	4:19.70Q	6	
3 Neil M. Ross	4:26.10	4:21.40Q	3	
4 Elizabeth Finch	4:29.10	4:22.70Q	8	
5 Barrhead	4:25.60	4:23.60Q	2	
6 Sir Alexander Mackenzie	4:26.20	4:25.30Q	4	
7 Lakeland Ridge	4:30.90	4:25.40Q	10	
8 Parkview	4:28.20	4:26.30Q	7	
9 Sir Alexander Mackenzie 'B'	4:40.70	4:30.30Q	1	
10 Centennial Edmonton 'B'	4:34.90	4:30.40Q	9	
11 George P. Nicholson	4:34.90	4:30.30q	8	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Girls 8x200 Metre Relay Elementary**

12 Woodhaven	4:30.00	4:30.60q	9
13 Ronald Harvey	4:37.00	4:31.70q	5
14 Lilian Schick	4:36.70	4:32.00q	6
15 St. Mary's Edmonton	4:44.60	4:33.30q	4
16 Meridian Heights 'B'	4:47.10	4:33.40q	6
17 Earl Buxton	4:19.30	4:34.40q	1
18 St. Paul Edmonton	4:34.70	4:35.40q	10
19 St. Thomas Aquinas	4:40.30	4:35.70q	1
20 Muriel Martin 'B'	4:41.80	4:36.00q	1
21 Wye	4:36.40	4:36.30q	7
22 Lakeland Ridge 'B'	4:50.20	4:36.40q	2
23 Bellevue	4:45.40	4:37.00q	3
24 Westlock	4:38.90	4:37.30q	3
25 Aurora Edmonton	4:47.80	4:40.60	8
26 Fultonvale	4:48.70	4:41.00	5
27 Sturgeon Heights	4:44.80	4:41.01	5
28 George H. Luck	4:50.40	4:41.90	8
29 Good Shepherd	4:43.60	4:42.10	3
30 Keenooshayo	4:46.70	4:42.80	10
31 LaPerle	4:49.30	4:43.50	3
31 Vital Grandin	4:46.50	4:43.50	8
33 J.J. Nearing	4:45.70	4:44.60	4
34 Neil M. Ross 'B'	4:45.10	4:45.00	2
35 Meyokumin	4:49.30	4:45.01	2
36 Greenfield	4:38.50	4:46.10	4
37 St. Philip 'B'	4:46.50	4:46.30	9
38 Aurora Drayton Valley	4:47.00	4:46.70	10
39 Wye 'B'	4:51.40	4:47.40	10
40 Marie Poburan 'B'	4:51.80	4:47.50	8
40 Victoria	4:46.80	4:47.50	5
42 Jackson Heights	4:51.20	4:47.80	10
43 Bessie Nichols	4:45.20	4:49.20	6
44 Good Shepherd 'B'	4:47.40	4:50.80	7
45 Esther Starkman	4:50.40	4:51.40	9
46 Westglen	4:55.00	4:51.60	6
47 Michael Strembitsky 'B'	4:47.50	4:52.30	9
48 Meadowlark	4:54.90	4:52.50	7
49 Kensington	5:03.50	4:53.40	5
50 Win Ferguson	4:59.30	4:53.70	4
51 Keheewin	4:49.00	4:54.90	4
52 Ste. Jeanne-d'Arc	4:51.70	4:55.50	9
53 Earl Buxton 'B'	4:45.90	4:57.30	7
54 Velma E. Baker	4:48.30	5:06.20	7
55 Menisa	5:15.80	5:37.40	2
-- Bishop Savaryn	4:49.40	DQ	1 out of zone
-- Charlie Killam-Camrose	4:51.30	DQ	3 out of zone
-- Elmer S. Gish	4:48.40	DNS	6
-- Elmer Elson	4:42.90	DNS	1



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Girls 8x200 Metre Relay Elementary

-- Wes Hosford 4:41.00 DNS 2

Girls 8x200 Metre Relay Elementary**12 Advance: Top 1 Each Heat plus Next 8 Best Times**

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (7:55 p.m.)

Heat 2 in Final Round: Medal Final (8:25 p.m.)

Meet: # 4:12.00 2005-03-12 Centennial

Team	Qtrs	Semis	H#	Alternate
Semi-Finals				
1 Michael A. Kostek	4:19.40	4:15.18Q	1	
2 Muriel Martin	4:19.70	4:19.30Q	2	
3 Neil M. Ross	4:21.40	4:21.32Q	3	
4 Barrhead	4:23.60	4:22.64Q	4	
5 Parkview	4:26.30	4:22.24q	1	
6 Sir Alexander Mackenzie	4:25.30	4:23.78q	3	
7 Elizabeth Finch	4:22.70	4:25.62q	4	
8 Woodhaven	4:30.60	4:29.53q	4	
9 Sir Alexander Mackenzie 'B'	4:30.30	4:31.99q	1	
10 Ronald Harvey	4:31.70	4:32.48q	3	
11 George P. Nicholson	4:30.30	4:32.53q	4	
12 Lakeland Ridge	4:25.40	4:32.96q	2	
13 Wye	4:36.30	4:34.56	4	
14 Westlock	4:37.30	4:34.95	1	
15 St. Mary's Edmonton	4:33.30	4:35.01	1	
16 Centennial Edmonton 'B'	4:30.40	4:35.32	2	
17 Meridian Heights 'B'	4:33.40	4:35.52	1	
18 Lilian Schick	4:32.00	4:35.60	2	
19 St. Paul Edmonton	4:35.40	4:36.28	2	
20 Muriel Martin 'B'	4:36.00	4:42.85	4	
21 Bellevue	4:37.00	4:43.40	2	
22 St. Thomas Aquinas	4:35.70	4:43.60	3	
23 Earl Buxton	4:34.40	4:46.23	3	
24 Lakeland Ridge 'B'	4:36.40	4:51.20	3	

Girls 8x200 Metre Relay Elementary

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (7:55 p.m.)

Heat 2 in Final Round: Medal Final (8:25 p.m.)

Meet: # 4:12.00 2005-03-12 Centennial

Team	Semis	Finals	H#	Alternate
Finals				
1 Michael A. Kostek	4:15.18	4:16.99	2	
2 Barrhead	4:22.64	4:19.89	2	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Girls 8x200 Metre Relay Elementary**

3 Muriel Martin	4:19.30	4:20.07	2
4 Neil M. Ross	4:21.32	4:21.06	2
5 Lakeland Ridge	4:32.96	4:23.33	1
6 Sir Alexander Mackenzie	4:23.78	4:24.52	2
7 Parkview	4:22.24	4:25.03	2
8 Elizabeth Finch	4:25.62	4:29.03	1
9 Ronald Harvey	4:32.48	4:29.34	1
10 Woodhaven	4:29.53	4:29.81	1
11 George P. Nicholson	4:32.53	4:31.37	1
12 Sir Alexander Mackenzie 'B'	4:31.99	4:32.31	1

Girls Long Jump Elementary

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 There will be a one-metre take-off area.

The athlete's take-off point is eyeballed; the athlete's jump will be measured to that point.

Meet: # 4.40m 2012-03-17 Andrea Jokic, Donnan

Name	Year Team	Prelims	Finals	Alternate
1 Charlize Ostapowich	Michael Strembitsky	4.26m	4.32m	
3.97m 4.24m 4.17m 4.32m 4.11m 3.93m				
2 Faith Wehinger	Michael A. Kostek	3.89m	4.16m	
4.05m FOUL 4.16m 3.92m 3.60m 3.84m				
3 Ayla Wong	Lansdowne	3.65m	3.92m	
3.90m 3.58m 3.92m 3.79m 3.67m 3.54m				
4 Ruth Moke Ngala	Ste. Jeanne-d'Arc	3.94m	3.84m	
3.84m 3.23m 3.63m 3.46m 3.81m 3.09m				
5 Abby Guezen	Brentwood	3.55m	3.83m	
3.83m 3.55m 3.53m 3.44m 3.56m FOUL				
6 Stephanie Towes	Robert Rundle	3.72m	3.74m	
3.63m FOUL 3.74m 3.72m 3.54m 3.70m				
-- Lydia Johnson	Westglen	3.88m	DNS	

Women 19-30 800 Metre Run Isaak Invite

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 Isaak's Invitational Eight

Special thanks to: Running Room and Ellis Timing Canada.

Province: ! 2:01.89 2014-02-15 Jenna Westaway (1994)

Meet: # 2:10.61 2015-03-14 Jenna Westaway, Brooks Running Canada

Name	Year Team	Seed	Finals	Alternate
1 Nicole Soderberg	U of A	2:07.00	2:11.74	
2 Vanessa Ivec	Green and Gold	2:12.00	2:11.94	
3 Morgan Lawley	U of A	2:14.00	2:13.99	
4 Vanessa Trofimenkoff	Running Room	2:15.00	2:16.10	
5 Jessica Baraskewich	U Calgary	2:15.00	2:16.24	
6 Bella Gustin	U of A	2:17.00	2:16.82	
7 Taylor Carlin	Running Room	2:20.00	2:18.53	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Women 19-30 800 Metre Run Isaak Invite**

8 Danae Keddie	U of A	2:21.00	2:21.42
9 Jillian Brady	Running Room		2:39.19

Women 200 Metre Dash Junior High**18 Advance: Top 1 Each Heat plus Next 12 Best Times**

Sponsor: The Running Room

Meet: # 25.10 1987-03-15 Cheryl Allen, D.S. MacKenzie

Name	Year Team	Prelims	Qtrs	H#	Alternate
Quarter-Finals					
1 Allie Ruptash	Riverbend	27.85	27.35Q	2	
2 Michi Gratton	Mother Margaret	27.75	28.09Q	1	
3 Chloe Slupek	Joseph Moreau	29.03	28.57Q	4	
4 Hannah Perry	Laurier Heights	28.92	28.67Q	3	
5 Ella Murphy	Highlands	29.54	29.01Q	6	
6 Emily Li	Grandview Heights	29.49	29.50Q	5	
7 Shakya Owusu	John D. Bracco	29.37	28.83q	3	
8 Rebecca Lehman	Camrose	29.05	28.85q	2	
9 Charlee Kilbourn	Riverbend	30.17	28.89q	4	
10 April Forester	Our Lady M.Pleas	29.64	29.18q	6	
11 Akemini Ekpe	Kate Chegwin	30.12	29.51q	4	
12 Paris Wolsey	Blueberry	31.19	29.52q	1	
13 Maddy Shannon	Leduc Junior High	29.96	29.69q	6	
14 Fiora Fernando	Ellerslie Campus	30.65	29.78q	1	
15 Cady McCubbing	Christ The King	30.12	29.82q	5	
16 Grace Madarash	PrescottLearning	30.20	29.96q	3	
17 Kennedy Taylor	Our Lady M.Pleas	30.13	29.97q	3	
18 Reagan Rajotte	S. Bruce Smith	30.13	30.03q	2	
19 Kayla Robins	Ardrossan JrSr H	30.09	30.13	5	
20 Juliet Jungblut	Louis St. Laurent	31.65	30.68	5	
21 Anny Eggert	Joseph Moreau	31.12	30.98	2	30.971
22 Taitum Cornish	Holy Cross	32.15	30.98	1	30.972
23 Lauren Rutherford	Wainwright	30.99	31.02	1	
24 Soraya Ellis	S. Bruce Smith	31.29	31.12	6	
25 Megan Cumby	PrescottLearning	31.30	31.16	6	
26 Amara Mony	Spruce Avenue	31.08	31.27	3	
27 Kundai Sithole	St. Rose	31.05	31.56	2	
28 Olivia Meunier	Holy Cross	31.93	31.86	3	
29 Hailey Anderson	Sir George Simpson	32.01	32.05	2	
30 Mallory Eglauer	Elmer S. Gish JH	32.22	32.16	1	
31 Jaden Eberhardt	Woodhaven	31.67	32.44	4	
32 Cassia Ostby	Greystone Cent.	32.19	33.03	5	
-- Meghan Breen	Richard Fowler	31.24	DNS	5	
-- Rian Santos	St. Rose	29.57	DNS	4	
-- Tennessee Tanner	Westminster	31.11	DNS	4	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Women 200 Metre Dash Junior High****6 Advance: Top 1 Each Heat plus Next 3 Best Times**

Sponsor: The Running Room

Meet: # 25.10 1987-03-15 Cheryl Allen, D.S. MacKenzie

Name	Year Team	Qtrs	Semis	H#	Alternate
Semi-Finals					
1 Allie Ruptash	Riverbend	27.35	27.55Q	1	
2 Michi Gratton	Mother Margaret	28.09	28.24Q	2	
3 Hannah Perry	Laurier Heights	28.67	28.45Q	3	
4 Chloe Slupek	Joseph Moreau	28.57	28.52q	3	
5 Rebecca Lehman	Camrose	28.85	28.93q	2	
6 Charlee Kilbourn	Riverbend	28.89	29.37q	3	29.361
7 Akemini Ekpe	Kate Chegwin	29.51	29.37	2	29.367
8 Emily Li	Grandview Heights	29.50	29.44	1	
9 Ella Murphy	Highlands	29.01	29.53	2	
10 Shakya Owusu	John D. Bracco	28.83	29.85	1	
11 April Forester	Our Lady M.Pleas	29.18	29.89	3	
12 Fiора Fernando	Ellerslie Campus	29.78	30.26	2	
13 Reaghan Rajotte	S. Bruce Smith	30.03	30.33	1	
14 Paris Wolsey	Blueberry	29.52	30.36	1	
15 Cady McCubbing	Christ The King	29.82	30.54	3	
16 Kennedy Taylor	Our Lady M.Pleas	29.97	30.63	2	
17 Grace Madarash	PrescottLearning	29.96	30.78	3	
18 Maddy Shannon	Leduc Junior High	29.69	32.07	1	

Women 200 Metre Dash Junior High

Sponsor: The Running Room

Meet: # 25.10 1987-03-15 Cheryl Allen, D.S. MacKenzie

Name	Year Team	Semis	Finals	Alternate
Finals				
1 Allie Ruptash	Riverbend	27.55	27.41	
2 Michi Gratton	Mother Margaret	28.24	27.67	
3 Hannah Perry	Laurier Heights	28.45	28.49	
4 Chloe Slupek	Joseph Moreau	28.52	29.15	
5 Rebecca Lehman	Camrose	28.93	29.32	
6 Charlee Kilbourn	Riverbend	29.37	29.50	

Women 800 Metre Run Junior High**10 Advance: Top 1 Each Heat plus Next 7 Best Times**

Sponsor: The Running Room

Meet: # 2:14.10 2014-03-15 Sophie Sigfstead, Crestwood

Name	Year Team	Prelims	Semis	H#	Alternate
Semi-Finals					
1 Madison Ford	Vimy Ridge Academy	2:28.70	2:31.27Q	3	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Women 800 Metre Run Junior High**

2	Jenica Swartz	Lacombe Junior High	2:37.68	2:33.32Q	2
3	Sadie Sigfstead	Riverbend	2:18.25	2:37.74Q	1
4	Chloe Palmer	Hardisty	2:24.59	2:33.40q	2
5	Layla McCaffery	Our Lady of Mt C	2:35.03	2:34.30q	3
6	Holly Pougnet	Woodhaven	2:41.27	2:36.89q	3
7	Sid Cusak	Our Lady M.Pleas	2:39.50	2:37.08q	2
8	Asia Kern	Meridian Heights	2:35.03	2:38.34q	1
9	Tiana Martynuik	Riverbend	2:38.78	2:38.48q	1
10	Hailey Bowhay	Avalon	2:42.03	2:39.31q	3
11	Gabrielle Wafer	Holy Cross	2:42.14	2:43.51	2
12	Elizabeth Chesne	Wainwright	2:47.20	2:43.97	2
13	Chloe Funnell	Avalon	2:46.47	2:44.37	1
14	Samara Cockburn	St. Rose	2:50.98	2:44.53	2
15	Abby Pawlik	PrescottLearning	2:52.38	2:46.70	1
16	Faith Taylor	CharlieKillamCam	2:43.27	2:46.78	1
17	Madison Hoyme	Our Lady M.Pleas	2:57.90	2:50.24	2
18	Karson Haley	Woodhaven	2:47.76	2:50.56	3
19	Daelin Horsfield	Woodhaven	3:00.32	2:53.49	1
20	Bronwyn Blayney	PrescottLearning	3:02.14	2:54.40	3
21	Turina Mohamed	Spruce Avenue	3:00.18	2:54.78	1
22	Jada Schultz	CharlieKillamCam	2:52.41	2:55.20	1
23	Olivia Van Bommel	Louis St. Laurent	3:05.00	2:58.83	2
24	Eyra Neraasen	Sir George Simpson	3:01.44	3:01.55	2
25	Jemila Peters	Westminster	3:03.51	3:03.36	3
26	Marley Leeti	Ardrossan JrSr H	3:09.04	3:07.88	1
27	Claudia Willeinson	Victoria	3:09.48	3:08.70	3
28	Annabel Traub	Westminster	2:54.63	3:10.93	3
29	Lauren Ross	Esther Starkman	3:10.30	3:22.13	3
--	Sophie Tamano	William D. Cutts	2:54.12	DNF	2

Women 800 Metre Run Junior High

Sponsor: The Running Room

Meet: # 2:14.10 2014-03-15 Sophie Sigfstead, Crestwood

Name	Year Team	Semis	Finals	Alternate
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Finals

1	Chloe Palmer	Hardisty	2:33.40	2:16.40
2	Sadie Sigfstead	Riverbend	2:37.74	2:16.80
3	Madison Ford	Vimy Ridge Academy	2:31.27	2:22.40
4	Jenica Swartz	Lacombe Junior High	2:33.32	2:22.73
5	Layla McCaffery	Our Lady of Mt C	2:34.30	2:33.08
6	Asia Kern	Meridian Heights	2:38.34	2:35.35
7	Tiana Martynuik	Riverbend	2:38.48	2:35.37
8	Sid Cusak	Our Lady M.Pleas	2:37.08	2:40.76
9	Hailey Bowhay	Avalon	2:39.31	2:41.17
10	Holly Pougnet	Woodhaven	2:36.89	2:42.39



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Women 8x200 Metre Relay Junior High****6 Advance: Top 1 Each Heat plus Next 3 Best Times**

Sponsor: The Running Room

Meet: # 3:44.60 2013-03-16 Lorne Akins

Team	Prelims	Semis	H#	Alternate
Semi-Finals				
1 Riverbend	3:51.70	3:51.70Q	1	
2 Avalon	4:06.00	3:57.10Q	2	
3 Lorne Akins	4:01.00	3:59.70Q	3	
4 Barrhead	4:01.00	4:00.30q	2	
5 R.F. Staples	4:04.00	4:01.00q	1	
6 Lilian Schick	4:08.00	4:02.80q	3	
7 S. Bruce Smith	4:03.00	4:03.40	3	
8 Vernon Barford	4:07.10	4:04.50	3	
9 Riverbend 'B'	4:12.20	4:07.50	1	
10 Alexandre Tache	4:10.00	4:10.30	2	
11 Lorne Akins 'B'	4:12.50	4:17.50	2	
12 Prescott Learning Centre	4:19.50	4:18.70	2	
13 Greystone Centennial	4:16.70	4:22.70	3	
14 Father Michael Troy	4:15.80	4:28.00	2	
15 St. Thomas Aquinas	4:20.50	4:29.80	1	
16 Lilian Schick 'B'	4:27.80	4:33.70	1	
-- S. Bruce Smith 'B'	4:17.10	DQ	3	out of zone
-- Richard Fowler	4:11.50	DNS	1	

Women 8x200 Metre Relay Junior High

Sponsor: The Running Room

Meet: # 3:44.60 2013-03-16 Lorne Akins

Team	Semis	Finals	Alternate
Finals			
1 Riverbend	3:51.70	3:50.39	
2 Barrhead	4:00.30	3:58.42	
3 Lorne Akins	3:59.70	3:58.65	
4 Avalon	3:57.10	3:59.93	
5 R.F. Staples	4:01.00	4:03.87	
6 Lilian Schick	4:02.80	4:04.54	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Women 200 Metre Dash Senior High****6 Advance: Top 1 Each Heat plus Next 4 Best Times**

Sponsor: The Running Room

Province: ! 23.93 1998-02-21 Atia Weekes (1980), CITC; Pocatello, Idaho

Meet: # 25.01 2010-03-20 Leah Walkeden, Ardrossan Jr/Sr High

Name	Year Team	Prelims	Semis	H#	Alternate
Semi-Finals					
1 Grace Konrad	Harry Ainlay	25.95	25.92Q	1	
2 Julia Lovsin	St. PeterApostle	26.30	26.06Q	2	
3 Kiara Tan	Lillian Osborne	26.57	26.22q	1	
4 Tristan Sinnatamby	Strathcona	26.72	26.63q	2	
5 Moseetta Bodah	Ross Sheppard	26.94	26.78q	2	
6 Riley Andruchow	Paul Kane	27.24	27.15q	2	
7 Christina Toovey	Bellerose	27.61	27.16	1	
8 Candace Fairclough-Jones	Harry Ainlay	27.37	27.42	1	
9 Whitney Teske	Ryley	27.68	27.90	2	
10 Candace Wonago	Jasper Place	27.56	27.91	1	
11 Reem Hamdon	Strathcona	28.00	28.17	2	
12 Akemeyoo Ojisua	Harry Ainlay	29.22	28.62	1	

Women 200 Metre Dash Senior High

Sponsor: The Running Room

Province: ! 23.93 1998-02-21 Atia Weekes (1980), CITC; Pocatello, Idaho

Meet: # 25.01 2010-03-20 Leah Walkeden, Ardrossan Jr/Sr High

Name	Year Team	Semis	Finals	Alternate
Finals				
1 Julia Lovsin	St. PeterApostle	26.06	25.62	25.615
2 Grace Konrad	Harry Ainlay	25.92	25.62	25.617
3 Kiara Tan	Lillian Osborne	26.22	26.10	
4 Tristan Sinnatamby	Strathcona	26.63	26.65	
5 Moseetta Bodah	Ross Sheppard	26.78	26.71	
-- Christina Toovey	Bellerose	27.16	DNS	

Women 800 Metre Run Senior High

Sponsor: The Running Room

Province: ! 2:06.8h 1974-02-09 Linda Halverson (1954), CS; Edmonton

Meet: # 2:11.70 1997-03-15 Tanya Wright, Beaumont Composite

Name	Year Team	Prelims	Finals	Alternate
1 Olivia Cooper	Strathcona	2:18.94	2:15.84	
2 Kaitlin Swartz	Lacombe Composite	2:24.10	2:20.18	
3 Paige Patterson	Archbishop O'Leary	2:23.69	2:21.94	
4 Emma Murchison	Bellerose	2:25.42	2:25.35	
5 Jasmine Feddema	Mother Margaret	2:29.97	2:29.72	
6 Kalysten Kroonen	Leduc Composite	2:37.84	2:37.36	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Women 800 Metre Run Senior High**

7 Bailey Stang	Archbishop O'Leary	2:41.16	2:39.36
8 Natalia McKinnon	Lillian Osborne	2:47.01	2:45.39
9 Joyce Tan	Harry Ainlay	2:46.43	2:47.37
-- Hannah Bryan	Jasper Place	2:32.08	DNS

Women 8x200 Metre Relay Senior High

Sponsor: The Running Room

Meet: # 3:37.85 2006-03-18 Strathcona Composite

Team	Seed	Finals	Alternate
1 Strathcona		3:42.44	
2 Ross Sheppard		3:47.45	
3 Harry Ainlay		3:49.70	
4 Paul Kane		3:50.09	
5 Jasper Place		3:54.32	
6 Lillian Osborne		4:13.50	
-- Strathcona 'B'		X4:07.96	Too few runners

Boys 200 Metre Dash Elementary**18 Advance: Top 1 Each Heat plus Next 8 Best Times**

Sponsor: The Running Room

Meet: # 26.50 1992-03-15 Chris Griffith, Grace Martin

Name	Year Team	Prelims	Qtrs	H#	Alternate
Quarter-Finals					
1 Ethan Short	Coronation	28.25	28.25Q	10	
2 Jonah Read	Velma E. Baker	30.11	28.76Q	5	
3 Mario Henton	St. Lucy	29.90	29.15Q	4	
4 Josh Clarke	Greenview	30.11	29.20Q	6	
5 Luke Cannon	Our Lady of Mt C	30.65	29.51Q	3	
6 Yusuf Elloumi	Earl Buxton	29.88	30.07Q	7	
7 Colby Anderson	Holden	30.66	30.19Q	2	30.184
8 Bryan Ouanda	Notre Dame Edmonton	29.63	30.19Q	9	30.186
9 Mick Besko	LaPerle	30.81	30.37Q	1	
10 Ryder Rattee	Greystone Cent.	29.73	31.13Q	8	
11 Jaffar Phudjo	Crawford Plains	29.90	28.99q	5	
12 Emmanuel Aka	Ste. Jeanne-d'Arc	31.36	29.69q	3	
13 David Okpulor	Aldergrove	30.34	29.86q	5	
14 Elisha Ampadu	Esther Starkman	30.58	30.26q	4	
15 Brody Letendre	Elmer S. Gish	30.28	30.36q	3	
16 Owen Stang	Bellevue	32.08	30.42q	6	
17 Michael Anderson	Earl Buxton	31.03	30.50q	4	
18 Emanuel Kwaw	La Mission	32.29	30.71q	10	
19 Jameson Kiezik	Graminia	31.01	30.86	3	
20 Edward Anderson	Greenfield	30.74	31.15	1	
21 Lucius Eisnor	Elmer S. Gish	32.29	31.18	7	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Boys 200 Metre Dash Elementary**

22	Lucas Forsyth	Esther Starkman	31.77	31.19	9	
23	Brett Beebe	Brander Gardens	31.00	31.49	2	
24	Aaron Mills	A.L. Horton	31.46	31.55	4	
25	Elijah Maleme	St. Elizabeth	32.61	31.63	6	
26	Quinn Stephens	Robert Rundle	32.96	31.66	1	
27	Ty Vith	Lago Lindo	31.64	31.67	6	
28	Rayan Elloumi	Earl Buxton	32.12	31.74	10	31.735
29	Jackson Branco	Lago Lindo	31.73	31.74	8	31.740
30	Keagan Wray	Bessie Nichols	32.29	31.80	9	
31	Bishop Adeniyi	Bessie Nichols	31.69	31.83	7	
32	Ridley Verbeek	Parkview	31.53	31.97	5	
33	JD Hemming	LaPerle	32.87	32.10	2	
34	Kai Phung	Kameyosek	33.23	32.11	4	
35	Yanive Solomon	Elmer S. Gish	32.37	32.22	8	
36	Rhen Andison	Parkallen	32.66	32.56	5	
37	Kito Lee Son	Windsor Park	33.16	32.73	9	
38	Dominic Savinkoff	La Mission	32.88	32.80	10	
39	Cole DuFault	McArthur	33.22	32.84	8	
40	Jake Gehlert	Greenfield	32.69	33.01	10	
41	Dominick Hamilton	Riverview	32.38	33.09	7	
42	Josh Shaigec	Parkallen	32.51	33.13	9	
43	Riley Peet	Greystone Cent.	33.66	33.21	10	
44	Ben Gibb	Michael Strembitsky	32.67	33.45	4	
45	Teo Aytenfisu	St. Stanislaus	33.92	33.46	6	
46	Kaleb Koska	Westglen	32.81	33.53	3	
47	Liam Elliott	Camilla	32.36	33.61	8	
48	Zachary Vance	Forest Heights	33.11	33.73	2	33.724
48	Damon Dumais	Crawford Plains	33.43	33.73	7	33.724
50	Linden Mackinnon	Crawford Plains	33.92	33.76	7	
51	Michael Whitford	Coronation	33.18	34.07	3	
52	Erik Olson	Westglen	32.92	34.12	10	
53	Gavrie Shishkin	Aurora Edmonton	33.49	34.28	9	
54	Amoni Thomas	LaPerle	30.67	34.43	1	
55	Moritz Brandt	Forest Heights	33.26	34.92	5	
56	Kelsen Canada	Bellevue	33.26	35.44	6	
57	Pierson Shaver	M William Irwin	33.68	35.62	8	
--	Hadeon Boyechko	Our Lady of Mt C	30.71	DNS	1	

Boys 200 Metre Dash Elementary**6 Advance: Top 1 Each Heat plus Next 3 Best Times**

Sponsor: The Running Room

Meet: # 26.50 1992-03-15 Chris Griffith, Grace Martin

Name	Year Team	Qtrs	Semis	H#	Alternate
Semi-Finals					
1	Jonah Read	Velma E. Baker	28.76	28.78Q	2
2	Mario Henton	St. Lucy	29.15	28.85Q	1



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Boys 200 Metre Dash Elementary**

3	David Okpolor	Aldergrove	29.86	29.67Q	3
4	Bryan Ouanda	Notre Dame Edmonton	30.19	28.87q	2
5	Josh Clarke	Greenview	29.20	29.49q	1
6	Jaffar Phudjo	Crawford Plains	28.99	29.57q	2
7	Yusuf Elloumi	Earl Buxton	30.07	29.93	3
8	Emmanuel Aka	Ste. Jeanne-d'Arc	29.69	29.99	3
9	Luke Cannon	Our Lady of Mt C	29.51	30.26	2
10	Ryder Rattee	Greystone Cent.	31.13	30.41	1
11	Emanuel Kwaw	La Mission	30.71	30.83	3
12	Owen Stang	Bellevue	30.42	31.27	1
13	Brody Letendre	Elmer S. Gish	30.36	31.42	1
14	Elisha Ampadu	Esther Starkman	30.26	31.48	2
15	Colby Anderson	Holden	30.19	32.07	3
16	Michael Anderson	Earl Buxton	30.50	32.17	2
17	Mick Besko	LaPerle	30.37	32.65	1
--	Ethan Short	Coronation	28.25	X27.60	3

Boys 200 Metre Dash Elementary

Sponsor: The Running Room

Meet: # 26.50 1992-03-15 Chris Griffith, Grace Martin

Name	Year Team	Semis	Finals	Alternate
Finals				
1	David Okpolor	Aldergrove	29.67	28.63
2	Bryan Ouanda	Notre Dame Edmonton	28.87	28.72
3	Jonah Read	Velma E. Baker	28.78	28.81
4	Jaffar Phudjo	Crawford Plains	29.57	29.24
5	Mario Henton	St. Lucy	28.85	29.53
6	Josh Clarke	Greenview	29.49	29.95

Boys 800 Metre Run Elementary**10 Advance: Top 1 Each Heat plus Next 6 Best Times**

Sponsor: The Running Room

Meet: # 2:23.53 2016-03-12 Finn Crowe, St.ThomasAquinas

Name	Year Team	Prelims	Semis	H#	Alternate
Semi-Finals					
1	Jerrett Ross	Corinthia Park	2:40.66	2:42.46Q	4
2	Zac Valentine	St. Stanislaus	2:47.11	2:42.55Q	3
3	Hayden Robertson	Lago Lindo	2:45.99	2:47.08Q	1
4	Jacob Loewen	Earl Buxton	2:47.78	2:48.48Q	2
5	Mason Snelgrove	Forest Heights	2:44.56	2:42.57q	4
6	Cole Stachniak	M William Irwin	2:47.68	2:47.21q	1
7	Philippe Knoefel	La Mission	2:57.57	2:48.19q	1
8	Emmitt Boucher	La Mission	2:45.98	2:48.74q	2
9	Daniel Smith	Riverdale	2:52.44	2:48.80q	2



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Boys 800 Metre Run Elementary**

10	lucas Pallister	Ste. Jeanne-d'Arc	2:49.22	2:48.87q	3
11	David Sturko	Greenfield	2:52.39	2:49.71	2
12	Hugo Nguyen	Crestwood	2:56.06	2:49.72	3
13	Jacob Reves	Bellevue	2:56.24	2:49.76	1
14	Thomas Kickham	George H. Luck	2:51.45	2:50.84	3
15	Carson Young	Coronation	2:54.33	2:51.03	1
16	Kai Dunkley	Riverdale	2:53.92	2:51.42	3
17	Max Davidow	Grandview Heights	2:53.83	2:51.83	1
18	lukas Cherchuk	Ste. Jeanne-d'Arc	3:04.08	2:53.34	1
19	Joel Thiessen	Michael Strembitsky	2:50.00	2:54.07	4
20	Mason Brown	Ellerslie Campus	2:55.53	2:54.44	4
21	Tanner McBride	Camilla	2:58.19	2:54.57	3
22	Jesse Platz	Kameyosek	2:55.74	2:55.41	4
23	Owen Gibbs	St. Stanislaus	3:05.17	2:56.01	2
24	Joshua Gould	Patricia Heights	3:01.23	2:57.88	2
25	Ali Hamoui	Clear Vista	3:07.63	2:57.96	2
26	Brodin Bancarz	Camilla	3:01.48	2:59.61	1
27	Adam Lang	Brentwood	2:49.86	3:01.34	4
28	Blake Degenhardt	Lansdowne	3:05.34	3:01.76	3
29	Spencer Foxcroft	Grandview Heights	2:59.73	3:02.76	4
30	Max Cimino	St. Lucy	3:01.18	3:09.44	3
31	Joshua Greenaway	Waverley	3:06.61	3:20.42	4
--	Toby Elliott	Westglen	2:55.50	DNF	3
--	Kai Matthew	Our Lady of Mt C	2:50.15	DNS	1
--	Cade Christenson	Our Lady of Mt C	2:54.42	DNS	2
--	Jarrett Schweitz	Earl Buxton	3:03.22	DNS	4
--	Charlie Toepfer	Bessie Nichols	2:57.74	DNS	2
--	Ethen Beedie	Hay Lakes	2:58.43	DNS	4

Boys 800 Metre Run Elementary

Sponsor: The Running Room

Meet: # 2:23.53 2016-03-12 Finn Crowe, St.ThomasAquinas

Name	Year Team	Semis	Finals	Alternate
Finals				
1	Zac Valentine	St. Stanislaus	2:42.55	2:36.89
2	Mason Snelgrove	Forest Heights	2:42.57	2:37.29
3	Jerrett Ross	Corinthia Park	2:42.46	2:41.71
4	Daniel Smith	Riverdale	2:48.80	2:52.10
5	David Sturko	Greenfield	2:49.71	2:52.24
6	Emmitt Boucher	La Mission	2:48.74	2:52.93
7	Jacob Loewen	Earl Buxton	2:48.48	2:52.94
8	Philippe Knoefel	La Mission	2:48.19	2:53.50
9	Hayden Robertson	Lago Lindo	2:47.08	2:53.75
10	Cole Stachniak	M William Irwin	2:47.21	2:54.28



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Boys 8x200 Metre Relay Elementary****24 Advance: Top 1 Each Heat plus Next 14 Best Times**

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (8:05 p.m.)

Heat 2 in Final Round: Medal Final (8:35 p.m.)

Meet: # 4:01.50 1988-03-15 Glen Allen

Team	Prelims	Qtrs	H#	Alternate
Quarter-Finals				
1 Muriel Martin	4:20.90	4:09.50Q	7	
2 George P. Nicholson	4:09.50	4:11.40Q	1	
3 Elizabeth Finch	4:20.60	4:13.40Q	6	
4 Neil M. Ross	4:18.90	4:14.20Q	4	
5 Earl Buxton	4:24.10	4:14.50Q	10	
6 Lakeland Ridge	4:20.50	4:15.20Q	5	
6 Barrhead	4:24.30	4:15.20Q	3	
8 St. Thomas Aquinas 'C'	4:21.70	4:17.90Q	9	
9 Michael A. Kostek	4:16.90	4:22.80Q	2	
10 Ronald Harvey	4:28.40	4:24.50Q	8	
11 LaPerle	4:23.40	4:15.80q	10	
12 Sir Alexander Mackenzie	4:17.20	4:16.60q	3	
13 Keheewin	4:26.60	4:19.60q	4	
14 St. John XXIII	4:28.20	4:22.20q	7	
15 Dr. Donald Massey	4:28.60	4:22.30q	9	
15 Esther Starkman	4:32.10	4:22.30q	3	
15 Good Shepherd	4:36.10	4:22.30q	1	
18 Johnny Bright	4:25.80	4:22.90q	9	
19 Meridian Heights	4:28.40	4:23.70q	5	
20 St. Thomas Aquinas 'B'	4:27.20	4:23.90q	6	
21 Wye	4:26.70	4:24.10q	7	
21 Muriel Martin 'B'	4:26.60	4:24.10q	5	
23 St. Kateri	4:35.20	4:25.30q	8	
24 Greenfield	4:28.60	4:25.50q	4	
25 Bertha Kennedy	4:30.30	4:25.60	10	
26 Vital Grandin	4:33.30	4:26.30	5	
27 Ste. Jeanne-d'Arc 'B'	4:28.20	4:27.60	6	
28 St. Paul Edmonton	4:30.00	4:28.80	1	
29 Lakeland Ridge 'B'	4:35.00	4:29.10	7	
30 Notre Dame Edmonton	4:29.30	4:29.30	2	
31 Lilian Schick	4:32.70	4:29.70	6	
32 Elizabeth Finch 'B'	4:34.60	4:30.10	6	
33 Keenooshayo	4:20.90	4:31.10	2	
34 Clear Vista	4:29.90	4:31.70	1	
35 Michael Strembitsky	4:35.50	4:32.10	10	
36 Our Lady of Mount Carmel 'B'	4:34.00	4:32.20	3	
37 A.L. Horton	4:33.90	4:32.60	4	
38 Archbishop Joseph MacNeil	4:30.90	4:34.00	9	
39 Forest Heights	4:38.10	4:34.50	9	
40 Westglen	4:33.60	4:34.70	5	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Boys 8x200 Metre Relay Elementary**

40 Bellevue	4:32.50	4:34.70	4
42 Monsignor William Irwin	4:28.80	4:34.90	3
43 Bessie Nichols 'B'	4:35.20	4:35.00	9
44 Centennial Edmonton	4:31.60	4:35.60	8
45 George P. Nicholson 'B'	4:29.20	4:36.30	10
46 Earl Buxton 'B'	4:34.30	4:37.70	8
47 Rio Terrace	4:31.90	4:39.40	2
48 Rideau Park	4:42.20	4:39.50	6
49 Aurora Edmonton	4:42.60	4:39.70	5
50 Wye 'C'	4:42.00	4:40.20	7
51 Greenfield 'B'	4:46.70	4:40.40	2
52 Namao	4:44.10	4:41.40	3
53 George H. Luck	4:51.60	4:43.40	1
54 Mount Royal	4:37.60	4:46.70	10
-- Brander Gardens	4:43.40	DNS	4
-- Good Shepherd 'B'	4:26.20	DNS	8
-- St. Anthony Drayton Valley	4:53.30	DNS	1
-- St. Benedict Edmonton	4:32.60	DNS	7
-- Our Lady of Mount Carmel	4:21.30	DNS	8

Boys 8x200 Metre Relay Elementary**12 Advance: Top 1 Each Heat plus Next 8 Best Times**

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (8:05 p.m.)

Heat 2 in Final Round: Medal Final (8:35 p.m.)

Meet: # 4:01.50 1988-03-15 Glen Allen

Team	Qtrs	Semis	H#	Alternate

Semi-Finals				
1 Muriel Martin	4:09.50	4:10.19Q	1	
2 George P. Nicholson	4:11.40	4:12.63Q	2	
3 Sir Alexander Mackenzie	4:16.60	4:13.23Q	4	
4 Barrhead	4:15.20	4:15.12Q	3	
5 Lakeland Ridge	4:15.20	4:13.07q	2	
6 Elizabeth Finch	4:13.40	4:15.24q	3	
7 Keheewin	4:19.60	4:19.71q	3	
8 Earl Buxton	4:14.50	4:19.91q	4	
9 LaPerle	4:15.80	4:19.97q	4	
10 Neil M. Ross	4:14.20	4:20.21q	4	
11 St. Thomas Aquinas 'C'	4:17.90	4:20.79q	1	
12 Esther Starkman	4:22.30	4:23.07q	2	
13 Muriel Martin 'B'	4:24.10	4:23.44	3	
14 Dr. Donald Massey	4:22.30	4:24.38	1	
15 Michael A. Kostek	4:22.80	4:26.80	1	
16 Good Shepherd	4:22.30	4:27.32	1	
17 Meridian Heights	4:23.70	4:27.39	3	
18 St. Thomas Aquinas 'B'	4:23.90	4:27.54	4	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Boys 8x200 Metre Relay Elementary**

19 St. Kateri	4:25.30	4:27.80	2
20 Greenfield	4:25.50	4:29.97	1
21 Wye	4:24.10	4:30.10	4
22 Ronald Harvey	4:24.50	4:30.80	2
-- St. John XXIII	4:22.20	DQ	2 Interference
-- Johnny Bright	4:22.90	DNS	3

Boys 8x200 Metre Relay Elementary

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (8:05 p.m.)

Heat 2 in Final Round: Medal Final (8:35 p.m.)

Meet: # 4:01.50 1988-03-15 Glen Allen

Team	Semis	Finals	H#	Alternate
Finals				
1 George P. Nicholson	4:12.63	4:07.79	2	
2 Muriel Martin	4:10.19	4:08.68	2	
3 Sir Alexander Mackenzie	4:13.23	4:11.32	2	
4 Neil M. Ross	4:20.21	4:13.38	1	
5 Barrhead	4:15.12	4:14.99	2	
6 Lakeland Ridge	4:13.07	4:15.11	2	
7 Earl Buxton	4:19.91	4:15.18	1	
8 St. Thomas Aquinas 'C'	4:20.79	4:16.67	1	
9 Elizabeth Finch	4:15.24	4:16.68	2	
10 Keheewin	4:19.71	4:19.71	1	
11 LaPerle	4:19.97	4:20.23	1	
12 Esther Starkman	4:23.07	4:22.44	1	

Boys Long Jump Elementary

There will be a one-metre take-off area.

The athlete's take-off point is eyeballed; the athlete's jump will be measured to that point.

Meet: # 4.56m 2016-03-12 Gavin Galenza, CharlieKillamCam

Name	Year	Team	Prelims	Finals	Alternate
1 Hayes Cooke		St. Stanislaus	3.80m	4.27m	
	4.08m 4.14m 4.15m	4.27m 4.21m	FOUL		
2 Karsen Ostapowich		Michael Strembitsky	4.09m	4.16m	
	3.91m 4.00m 4.06m	4.15m 4.12m	4.16m		
3 Solomon Shepherd		Westglen	4.00m	J4.16m	
	3.80m 3.67m 4.03m	4.02m 3.89m	4.16m		
4 alexie Richer		Ste. Jeanne-d'Arc	3.84m	3.97m	
	3.97m 3.84m 3.85m	3.70m 3.73m	3.79m		
5 Luke Gurnett		Ministik	3.86m	3.93m	
	3.67m 3.88m 3.78m	3.86m 3.77m	3.93m		



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Boys Long Jump Elementary**

6 Lander Fuhr	Michael A. Kostek	3.73m	3.63m
3.63m 3.33m 2.92m 3.61m 3.44m 2.83m			
7 Roan Shipley	Charlie Killam Cam	3.60m	3.28m
3.28m FOUL FOUL 3.05m 3.28m 3.24m			

Men 19-30 800 Metre Run Isaak Invite

Isaak's Invitational Eight

Special thanks to: Running Room and Ellis Timing Canada.

Province: ! 1:49.46 2012-02-18 Tyler Smith (1994), LED; Edmonton, AB

Meet: # 1:54.98 2015-03-14 Scott Nicol, UCAC

Name	Year Team	Seed	Finals	Alternate
1 Royden Radowits	U of A	1:55.00	1:56.09	
2 Evan Yarmuch	U Calgary	1:55.00	1:56.18	
3 Alex Bouferguene	U of A	1:55.00	1:56.73	
4 Kirk Sundt	Running Room	1:57.00	1:57.82	
5 Kyle Erickson	U of A	1:58.00	1:57.99	
6 Cam Fenske	U of A	1:54.00	1:58.27	
7 Boyd Erickson	U of A	2:02.00	2:01.10	
8 David Falk	U of A		2:03.40	
-- Kieran McDonald	U of A	1:59.00	DNF	
-- Joe Boland	Running Room	1:56.00	DNF	
-- Roman Justinen	U Calgary	1:53.00	SCR	
-- Adrian Christ	U of A	1:58.00	SCR	

Men 200 Metre Dash Junior High**18 Advance: Top 1 Each Heat plus Next 12 Best Times**

Sponsor: The Running Room

Meet: # 23.00 1985-03-15 Karl Jones, Killarney

Name	Year Team	Prelims	Qtrs	H#	Alternate
Quarter-Finals					
1 Brendon Thompson	MeadowlarkChrist	25.01	25.09q	1	
2 Sam Scholnick-Hughes	Crestwood	25.57	25.68q	2	
3 Ethan Davis	Louis St. Laurent	26.54	25.75q	6	
4 Spencer Cameron	Mother Margaret	25.78	25.82q	3	
5 Zachery Bergeron	Greystone Cent.	26.11	25.95q	4	
6 Johndaniel Rafio	MeadowlarkChrist	26.38	26.01q	5	
7 Kallen Boe	Ardrossan JrSr H	26.27	25.80q	6	
8 Slava Ishimwe	Westlawn	26.36	26.25q	4	26.245
9 Ethan Samson	Woodhaven	27.37	26.25q	6	26.247
9 Isaiah Mapp	Greystone Cent.	26.27	26.25q	1	26.247
11 Rhys Dunn	Leduc Junior High	26.31	26.36q	2	
12 Shawn Coso	D.S. MacKenzie	26.36	26.71q	3	
13 Aidan McIntyre	St. Edmund	27.14	26.87q	4	
14 Brian Martinez	Holy Cross	27.07	27.08q	5	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Men 200 Metre Dash Junior High**

15	Jourden Bonnell	HomeSchoolerAsso	27.49	27.43q	4
16	Tarren Burke	Wainwright	27.96	27.78q	2
17	Shaquan George	John D. Bracco	29.86	28.18q	6
18	Ethan Tweten	Broxton Park	29.07	28.48q	2
19	Aidan Lee	St. Rose	29.30	28.65	3
20	Haneef Amusat	Vegreville	29.40	29.50	4
21	Konnor Fuller	Ellerslie Campus	29.78	29.52	6
22	Christopher Mah	Sister Annata Br	29.92	29.75	4
23	Wesley Joyce	Our Lady M.Pleas	30.17	30.30	2
24	Zach Tousignant-Corliss	Westlawn	31.19	31.62	1
--	Victoire Ballume	Highlands	29.86	DNS	5
--	Michael Tolentino	Highlands	29.95	DNS	1
--	Sean Donnelly	Highlands	27.94	DNS	1
--	Nathan Kasowski	Mother Margaret	28.96	DNS	1
--	Adam Jaikaran	Allendale	27.50	DNS	3
--	Daniel Mercado	Elmer S. Gish JH	27.54	DNS	3
--	Tarik Reed	Mother Margaret	27.59	DNS	2
--	Robert McGowen	Greystone Cent.	27.37	DNS	6
--	Kester Enabulele	Kate Chegwin	26.12	DNS	5
--	Jinho Jeon	D.S. MacKenzie	27.44	DNS	5
--	Daniel Bae	D.S. MacKenzie	29.72	DNS	5

Men 200 Metre Dash Junior High**6 Advance: Top 1 Each Heat plus Next 3 Best Times**

Sponsor: The Running Room

Meet: # 23.00 1985-03-15 Karl Jones, Killarney

Name	Year Team	Qtrs	Semis	H#	Alternate
Semi-Finals					
1	Brendon Thompson	MeadowlarkChrist	25.09	25.00Q	1
2	Spencer Cameron	Mother Margaret	25.82	25.34Q	3
3	Zachery Bergeron	Greystone Cent.	25.95	25.87Q	2
4	Ethan Samson	Woodhaven	26.25	25.94q	3
5	Sam Scholnick-Hughes	Crestwood	25.68	26.05q	2
6	Johndaniel Rafio	MeadowlarkChrist	26.01	26.12q	1
7	Isaiah Mapp	Greystone Cent.	26.25	26.32	3
8	Slava Ishimwe	Westlawn	26.25	26.38	2
9	Ethan Davis	Louis St. Laurent	25.75	26.41	3
10	Kallen Boe	Ardrossan JrSr H	25.80	26.45	1
11	Rhys Dunn	Leduc Junior High	26.36	26.55	2
12	Shawn Coso	D.S. MacKenzie	26.71	26.59	1
13	Brian Martinez	Holy Cross	27.08	27.38	2
14	Jourden Bonnell	HomeSchoolerAsso	27.43	27.67	3
15	Aidan McIntyre	St. Edmund	26.87	27.71	1
16	Tarren Burke	Wainwright	27.78	28.10	3
17	Shaquan George	John D. Bracco	28.18	28.23	2
18	Ethan Tweten	Broxton Park	28.48	28.71	1



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Men 200 Metre Dash Junior High**

Sponsor: The Running Room

Meet: # 23.00 1985-03-15 Karl Jones, Killarney

Name	Year Team	Semis	Finals	Alternate
Finals				
1 Brendon Thompson	MeadowlarkChrist	25.00	24.58	
2 Ethan Samson	Woodhaven	25.94	25.71	
3 Zachery Bergeron	Greystone Cent.	25.87	26.00	
4 Johndaniel Rafio	MeadowlarkChrist	26.12	26.11	
5 Sam Scholnick-Hughes	Crestwood	26.05	26.37	
-- Spencer Cameron	Mother Margaret	25.34	DNS	

Men 800 Metre Run Junior High**10 Advance: Top 1 Each Heat plus Next 7 Best Times**

Sponsor: The Running Room

Meet: # 1:59.90 1984-03-15 Mark Lynch, Leduc

Name	Year Team	Prelims	Semis	H#	Alternate
Semi-Finals					
1 Mathew Wafer	Holy Cross	2:10.90	2:13.38Q	1	
2 Jason Ushko	Riverbend	2:13.18	2:16.43Q	2	
3 Leif Pougnet	Woodhaven	2:20.44	2:18.98Q	3	
4 Zachary Westlin	H.W. Pickup	2:13.95	2:13.63q	1	
5 Brekan Taylor	Greystone Cent.	2:18.16	2:16.97q	2	
6 Kieran Isnor	Our Lady M.Pleas	2:17.55	2:20.16q	3	
7 Bryn McDougald	Crestwood	2:22.94	2:20.57q	3	
8 Sebastian Lind	Vernon Barford	2:24.07	2:21.19q	1	
9 Ryan Koebel	Riverbend	2:29.74	2:23.11q	2	
10 Kaiden Regan	Woodhaven	2:33.65	2:23.60q	1	
11 kaleb Ndaya	D.S. MacKenzie	2:28.09	2:24.05	3	
12 Noah Rankel	Riverbend	2:30.64	2:24.47	3	
13 Adrian Duran Jimenez	Joseph Moreau	2:24.13	2:25.47	1	
14 Ben Reid	ConnectionsLearn	2:23.48	2:25.85	2	
15 Kaleb Garneau	Greystone Cent.	2:28.42	2:26.14	2	
16 Joel Benterud	Avalon	2:37.37	2:27.80	3	
17 Wyatt Lunt	D.S. MacKenzie	2:37.35	2:28.78	2	
18 Selemeni Seif JR	Kate Chegwin	2:38.01	2:29.31	3	
19 Sam Ostertag	H.W. Pickup	2:31.45	2:29.73	2	
20 Keenan Desmarais	McKernan	2:35.41	2:30.81	1	
21 Ali Sina	Westlawn	2:36.27	2:34.26	1	
22 Justin Lindmark	Wainwright	2:42.79	2:34.67	2	
23 Parker Berge	Sister Annata Br	2:43.38	2:35.13	3	
24 Sander Morisbak	Vernon Barford	2:49.05	2:37.56	1	
25 William Ballie	Avalon	2:39.95	2:40.82	1	
26 Matthieu Larochelle	Joseph Moreau	2:47.81	2:44.84	2	
-- Jaeden Swartz	Lacombe Junior High	2:39.03	DNS	2	
-- Tofik Said	Spruce Avenue	2:29.49	DNS	3	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Men 800 Metre Run Junior High**

-- Josh Humen	M Fee Otterson	2:45.51	DNS	3
-- Jaydon Stewart	D.S. MacKenzie	2:40.05	DNS	1

Men 800 Metre Run Junior High

Sponsor: The Running Room

Meet: # 1:59.90 1984-03-15 Mark Lynch, Leduc

Name	Year Team	Semis	Finals	Alternate
Finals				
1 Jason Ushko	Riverbend	2:16.43	2:04.01	
2 Mathew Wafer	Holy Cross	2:13.38	2:07.94	
3 Zachary Westlin	H.W. Pickup	2:13.63	2:13.08	
4 Brekan Taylor	Greystone Cent.	2:16.97	2:15.35	
5 Leif Pougnet	Woodhaven	2:18.98	2:18.83	
6 Ryan Koebel	Riverbend	2:23.11	2:21.51	
7 Bryn McDougald	Crestwood	2:20.57	2:22.77	
8 Sebastian Lind	Vernon Barford	2:21.19	2:23.16	
9 Kaiden Regan	Woodhaven	2:23.60	2:27.46	
-- kaleb Ndaya	D.S. MacKenzie	2:24.05	DNS	

Men 8x200 Metre Relay Junior High**6 Advance: Top 1 Each Heat plus Next 3 Best Times**

Sponsor: The Running Room

Meet: # 3:24.23 2014-03-15 Riverbend

Team	Prelims	Semis	H#	Alternate
Semi-Finals				
1 Vernon Barford	3:26.10	3:30.10Q	1	
2 Riverbend	3:30.70	3:31.40Q	2	
3 Greystone Centennial	3:37.90	3:36.30Q	3	
4 Avalon 'B'	3:38.20	3:34.00q	1	
5 Lorne Akins	3:39.70	3:36.80q	2	
6 S. Bruce Smith	3:41.80	3:37.60q	3	
7 Riverbend 'B'	3:41.70	3:40.60	3	
8 Woodhaven	3:43.60	3:43.00	1	
9 Mary Butterworth	3:41.90	3:44.50	2	
10 Avalon	3:55.50	3:47.70	2	
11 Holy Cross	3:45.70	3:49.50	3	
12 Westlawn	3:53.50	3:55.20	1	
13 Richard Fowler	3:51.90	3:56.40	1	
14 Father Michael Troy	3:57.50	4:06.60	3	
15 Barrhead	4:01.30	4:06.70	3	
16 John D. Bracco	4:05.00	4:12.50	2	
17 R.F. Staples	4:05.10	4:12.90	1	
-- Vernon Barford 'B'	3:49.30	DNS	2	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Men 8x200 Metre Relay Junior High**

Sponsor: The Running Room

Meet: # 3:24.23 2014-03-15 Riverbend

Team	Semis	Finals	Alternate
Finals			
1 Vernon Barford	3:30.10	3:26.27	
2 Riverbend	3:31.40	3:28.11	
3 Greystone Centennial	3:36.30	3:33.59	
4 Avalon 'B'	3:34.00	3:33.81	
5 Lorne Akins	3:36.80	3:38.25	
-- S. Bruce Smith	3:37.60	DNS	

Men 200 Metre Dash Senior High**6 Advance: Top 1 Each Heat plus Next 4 Best Times**

Sponsor: The Running Room

Province: ! 21.42 1988-02-06 Brad McCuaig (1970), CAL; Winnipeg

Meet: # 22.10 1987-03-15 Selwyn Taylor, Harry Ainlay

Name	Year Team	Prelims	Semis	H#	Alternate
Semi-Finals					
1 Justin Rose	Jasper Place	24.03	23.81Q	2	
2 Caelen Begg	Harry Ainlay	24.03	23.92Q	1	
3 Liam O'Gilvie	Harry Ainlay	24.62	24.03q	2	
4 Claude Ngwa	Mother Margaret	24.90	24.44q	1	
5 Marin Boucher	Alexandre Tache	25.02	24.59q	1	
6 Austin Bitzer	Wainwright	24.82	24.73q	2	
7 Josh Rose	Jasper Place	25.73	25.08	2	
8 Minho Park	Lillian Osborne	25.25	25.20	2	
9 Nicolas Ramirez	McNally	25.76	25.38	1	
10 Evan Martens	Mother Margaret	25.42	25.46	1	
11 Dese Moose	Jasper Place	26.01	25.61	1	
-- Colton Meronyk	Bellerose	25.61	DNS	2	

Men 200 Metre Dash Senior High

Sponsor: The Running Room

Province: ! 21.42 1988-02-06 Brad McCuaig (1970), CAL; Winnipeg

Meet: # 22.10 1987-03-15 Selwyn Taylor, Harry Ainlay

Name	Year Team	Semis	Finals	Alternate
Finals				
1 Justin Rose	Jasper Place	23.81	23.71	
2 Caelen Begg	Harry Ainlay	23.92	23.92	
3 Liam O'Gilvie	Harry Ainlay	24.03	24.05	
4 Claude Ngwa	Mother Margaret	24.44	24.70	
5 Marin Boucher	Alexandre Tache	24.59	24.94	
6 Austin Bitzer	Wainwright	24.73	25.12	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Men 800 Metre Run Senior High**

Sponsor: The Running Room

Province: ! 1:49.46 2012-02-18 Tyler Smith (1994), LEDUC; Edmonton

Meet: # 1:53.58 2014-03-15 Isaac Penner, Strathcona

Name	Year Team	Prelims	Finals	Alternate
1 RYDER HORTON	Ardrossan JrSr H	1:57.69	1:56.31	
2 Brandon Vail	Harry Ainlay	2:01.27	1:59.08	
3 Derrick Ushko	Strathcona	2:02.77	2:00.29	
4 Nick Cook	Harry Ainlay	2:02.51	2:01.82	
5 David Bouferguene	Old Scona	2:06.04	2:05.12	
6 Skyler York	Ross Sheppard	2:09.34	2:06.36	
7 Joel Fenske	Strathcona	2:07.86	2:06.41	
8 Emaj Hassan	Archbishop O'Leary	2:10.90	2:07.44	
9 Austin Moore-Payot	Bev Facey	2:11.44	2:10.50	
10 Andrew Weinkauff	Louis St. Laurent	2:06.79	2:16.77	

Men 8x200 Metre Relay Senior High**6 Advance: Top 1 Each Heat plus Next 4 Best Times**

Sponsor: The Running Room

Meet: # 3:10.20 1987-03-15 Harry Ainlay

Team	Seed	Prelims	H#	Alternate
Preliminaries				
1 Strathcona		3:14.78Q	1	
2 Harry Ainlay		3:20.89Q	2	
3 Strathcona 'B'		3:22.91q	2	
4 Jasper Place		3:28.02q	1	
5 Ross Sheppard 'B'		3:30.25q	1	
6 Mother Margaret Mary		3:32.29q	2	
7 Louis St. Laurent		3:32.78	1	
8 Ross Sheppard		3:37.17	2	
-- Lillian Osborne		DQ	2	Out of zone
-- Eastglen		DQ	1	Too few runners
-- Alexandre Tache		DNS	2	

Men 8x200 Metre Relay Senior High

Sponsor: The Running Room

Meet: # 3:10.20 1987-03-15 Harry Ainlay

Team	Prelims	Finals	Alternate
Finals			
1 Strathcona	3:14.78	3:12.40	
2 Harry Ainlay	3:20.89	3:13.64	
3 Strathcona 'B'	3:22.91	3:22.00	
4 Jasper Place	3:28.02	3:25.92	
5 Ross Sheppard 'B'	3:30.25	3:31.04	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18

Universiade Pavilion, Edmonton, Alberta

Results - Saturday**....Men 8x200 Metre Relay Senior High**

6 Mother Margaret Mary 3:32.29 3:33.99

Mixed 35-99 200 Metre Dash Masters

50-64: 25.82, 2007-02-11 Wolfgang Jeske (MAS; Edmonton)

65+: 28.90, 2007-02-11 Dave Dunn (MAS; Edmonton)

Name	Year Team	Seed	Finals	Alternate
1 Newton Grey	M Edmonton Columbians	24.11	24.61	
2 Robert Trapp	M Edmonton Columbians	27.08	26.95	
3 Darcy Meyers	M Edmonton Columbians	30.70	31.28	
-- Don Crothers	M Edmonton Masters		DNS	
-- Betty McQuarrie	W Edmonton Masters		SCR	
-- Nikki Swinton	W Edmonton Masters	36.17	SCR	

Mixed 4x200 Metre Relay Teacher

Meet: # 1:51.20 1989-03-15 Edith Rogers

Team	Prelims	Finals	Alternate
1 Ross Sheppard	1:56.50	1:55.07	
2 Duffield	1:58.90	1:56.51	
3 Barrhead	2:00.50	2:01.69	
-- Notre Dame Edmonton	2:08.68	DNS	

Mixed 8x200 Metre Relay Elementary**6 Advance: Top 1 Each Heat plus Next 2 Best Times**

Sponsor: The Running Room

Meet: # 4:12.48 2014-03-15 Windsor Park

Team	Prelims	Semis	H#	Alternate
Semi-Finals				
1 Wild Rose	4:27.50	4:24.96Q	1	
2 Windsor Park	4:35.40	4:26.72Q	3	
3 Queen Alexandra	4:28.80	4:27.62Q	2	
4 Bishop Savaryn	4:40.20	4:31.04Q	4	
5 Lansdowne	4:41.50	4:30.88q	3	
6 Centennial Wetaskiwin 'B'	4:43.70	4:31.55q	1	
7 Robert Rundle 'B'	4:38.70	4:31.68	4	
8 Holden	4:44.40	4:37.66	3	
9 La Mission	4:33.30	4:39.24	4	
10 Windsor Park 'B'	4:45.60	4:41.83	2	
11 Riverdale	4:43.00	4:41.85	2	
12 Busby	4:52.70	4:43.72	4	
13 Jack Stuart 'B'	4:57.40	4:45.10	1	
14 Parkallen	4:45.10	4:46.55	1	
15 Grandview Heights	4:46.70	4:47.88	1	



The Running Room 39th Annual Indoor Games - 2017-02-21 to 2017-03-18

Universiade Pavilion, Edmonton, Alberta

Results - Saturday**....Mixed 8x200 Metre Relay Elementary**

16 Brightview	4:52.80	4:49.51	3
17 Lendrum	4:56.30	4:53.69	2
18 Lansdowne 'B'	4:47.80	4:58.58	1
19 Kameyosek	4:49.30	5:00.08	2
20 Legal	4:57.80	5:04.18	3
-- St. Stanislaus	4:47.90	DNS	2
-- St. Marguerite Catholic	4:50.00	DNS	3
-- Ste. Jeanne-d'Arc	4:42.70	DNS	4
-- Queen Alexandra 'B'	5:02.90	DNS	4

Mixed 8x200 Metre Relay Elementary

Sponsor: The Running Room

Meet: # 4:12.48 2014-03-15 Windsor Park

Team	Semis	Finals	Alternate
Finals			
1 Queen Alexandra	4:27.62	4:23.85	
2 Wild Rose	4:24.96	4:24.36	
3 Bishop Savaryn	4:31.04	4:25.74	
4 Windsor Park	4:26.72	4:30.84	
5 Lansdowne	4:30.88	4:34.12	
6 Centennial Wetaskiwin 'B'	4:31.55	4:34.68	

Mixed 8x200 Metre Relay Junior High**6 Advance: Top 1 Each Heat plus Next 4 Best Times**

Sponsor: The Running Room

Meet: # 3:40.40 2012-03-17 Meridian Heights

Team	Prelims	Semis	H#	Alternate
Semi-Finals				
1 Crestwood	3:54.80	3:47.50Q	1	
2 Our Lady of Mount Pleasant	3:57.00	3:59.50Q	2	
3 Meridian Heights 'B'	3:51.40	3:48.80q	1	
4 Meadowlark Christian	4:08.20	3:52.50q	1	
5 Aurora Edmonton	3:58.60	3:56.40q	1	
6 Duffield 'B'	4:02.30	3:57.50q	1	
7 Blueberry	4:01.40	4:00.50	2	
8 Charlie Killam-Camrose	3:52.60	4:05.90	2	
9 Legal	4:10.60	4:10.50	2	
10 St. Thomas Aquinas	4:15.60	4:20.70	1	
-- Johnny Bright	4:10.10	DNS	2	
-- Mother Margaret Mary	3:57.20	DNS	2	



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Results - Saturday

Mixed 8x200 Metre Relay Junior High

Sponsor: The Running Room

Meet: # 3:40.40 2012-03-17 Meridian Heights

Team	Semis	Finals	Alternate
Finals			
1 Meadowlark Christian	3:52.50	3:49.29	
2 Crestwood	3:47.50	3:49.44	
3 Meridian Heights 'B'	3:48.80	3:50.03	
4 Aurora Edmonton	3:56.40	3:57.36	
5 Our Lady of Mount Pleasant	3:59.50	3:57.70	
6 Duffield 'B'	3:57.50	3:58.41	

