

The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Girls 200 Metre Dash Elementary****21 Advance: Top 1 Each Heat plus Next 11 Best Times**

Sponsor: The Running Room

Meet: # 27.50 1985-03-05 Monica Highbough, Pollard Meadows

Name	Year Team	Prelims	Qtrs	H#
Quarter-Finals				
1 Layla Matthew	M Fee Otterson	28.70	29.04Q	10
2 Jayme Bialik	M William Irwin	29.09	30.63Q	9
3 Laura Rodrigues	Neil M. Ross	31.07	30.79Q	6
4 Rayna Fedorak	St.Martin'sElVeg	32.04	30.80Q	5
5 Ava Tingstad	Pine Street	31.91	30.91Q	7
6 Carys Moore	Rio Terrace	32.34	31.15Q	1
7 Kiara Broderick	Aldergrove	32.23	31.27Q	4
8 Monica Galouon-Eta	Ste. Jeanne-d'Arc	32.32	31.36Q	2
9 Marlee Portas	Wye	31.70	31.53Q	8
10 Anna Heinrich	Wye	32.26	31.86Q	3
11 Katherine Hendricks	Brookside	32.10	30.81q	5
12 Andrea Jacob	Leduc Estates	32.01	31.43q	6
13 Clare Burbank	Johnny Bright	32.54	31.44q	1
14 Kayah Broderick	Aldergrove	33.55	31.70q	5
15 Yusra Shittu	Lendrum	32.96	31.95q	2
16 Elizabeth Naidu	Our Lady of Mt C	32.92	31.99q	2
17 Jenna Mattern	Uncas	32.46	32.12q	3
18 Victoria Davson	Velma E. Baker	32.71	32.14q	1
19 Anna Douglas	Fultonvale	34.46	32.24q	6
20 Haley Wilson	Sakaw	33.43	32.26q	4
21 Avery Bakker	Neil M. Ross	32.27	32.45q	4
22 Brooke Burbank	Johnny Bright	34.08	32.96	7
23 Reagan Ross	Our Lady M.Pleas	34.49	33.01	7
24 Ashlee Kisteleki	Parkview	34.41	33.20	5
25 Linnea Morisbak	Lansdowne	34.58	33.22	8
26 Ava Straga	Parkallen	33.59	33.27	3
27 Ella Bergeron	Ste. Jeanne-d'Arc	34.91	33.40	5
28 Rebekah Greeve	Westboro	34.49	33.66	10
29 Quinn Nyszcuk	Uncas	33.18	33.85	3
30 Sofia Vicente	Greenfield	34.82	33.88	7
31 Rumbi Chitekedza	Argyll Centre	35.69	34.04	6
32 Sadie Walrod	Charlie Killam	34.74	34.07	10 34.064
33 Syanne Bailey	Greenfield	35.26	34.07	7 34.066
34 Cara Wong	Greenfield	34.86	34.08	6
35 Gianna MacFarlane	Rio Terrace	35.27	34.11	2
36 Mia Lonergan	Patricia Heights	35.49	34.22	1
37 Amy Huang	Lansdowne	34.82	34.27	8
38 Alyssa Brzezicki	Fultonvale	34.21	34.40	8
39 Katie Boskers	Westboro	34.40	34.65	9
40 Rihanna Batth	David Thomas King	35.79	34.68	7
41 Juanita Valencia Duque	Notre Dame Edmonton	34.80	34.70	8
42 Avery Gurba	FrMichael Mireau	34.74	34.76	10



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Girls 200 Metre Dash Elementary

43	Emma Balazs	Notre Dame Edmonton	35.56	34.84	2	
44	Josefa Valenzuela	FrMichael Mireau	34.60	34.92	9	
45	Summer Dakus	Parkallen	34.67	34.93	9	
46	Jaida Nowazek	St. Mary (Edmonton)	35.05	35.04	3	
47	Georgia Grady	St. Teresa Edmonton	35.67	35.20	5	
48	Jordyn Mackinnon	Charlie Killam	36.28	35.56	2	
49	Miia Sitnikov	David Thomas King	36.12	35.66	6	
50	Stefanie Leonhardt	PrescottLearning	35.63	35.80	4	
51	Yvette Mwadi	St. Elizabeth	36.11	35.83	3	
52	Maytwayayashing Shawnday	Homesteader	36.26	36.29	1	
53	Mercedes Jimenez	East Elementary	36.28	37.08	9	
--	Lucca Coleman	Wye	34.56	DQ	10	out of lane
--	Alexis Legge	Homesteader	36.01	DNS	10	
--	Meghan Kinniburgh	Patricia Heights	35.04	DNS	4	
--	Skye Stanton	Home JS	36.23	DNS	1	
--	Bridget Sutherland	M William Irwin	34.75	DNS	9	
--	Abygaelle Fleurilien	Ste. Jeanne-d'Arc	33.80	DNS	4	

Girls 200 Metre Dash Elementary

6 Advance: Top 1 Each Heat plus Next 3 Best Times

Sponsor: The Running Room

Meet: # 27.50 1985-03-05 Monica Highbough, Pollard Meadows

Name	Year Team	Qtrs	Semis	H#
Semi-Finals				
1	Layla Matthew	M Fee Otterson	29.04	29.32Q 3
2	Jayme Bialik	M William Irwin	30.63	29.57Q 2
3	Laura Rodrigues	Neil M. Ross	30.79	30.81Q 1
4	Ava Tingstad	Pine Street	30.91	30.86q 2
5	Carys Moore	Rio Terrace	31.15	31.14q 3
6	Kiara Broderick	Aldergrove	31.27	31.22q 3
7	Marlee Portas	Wye	31.53	31.39 1
8	Rayna Fedorak	St.Martin'sElVeg	30.80	31.50 1
9	Katherine Hendricks	Brookside	30.81	31.84 2
10	Andrea Jacob	Leduc Estates	31.43	32.12 3
11	Yusra Shittu	Lendrum	31.95	32.25 1
12	Clare Burbank	Johnny Bright	31.44	32.26 3
13	Anna Heinrich	Wye	31.86	32.36 1
14	Avery Bakker	Neil M. Ross	32.45	32.52 1 32.513
15	Kayah Broderick	Aldergrove	31.70	32.52 2
16	Elizabeth Naidu	Our Lady of Mt C	31.99	32.56 1
17	Victoria Davson	Velma E. Baker	32.14	33.11 3
18	Haley Wilson	Sakaw	32.26	33.15 2
19	Monica Galouon-Eta	Ste. Jeanne-d'Arc	31.36	33.18 2
20	Anna Douglas	Fultonvale	32.24	33.19 3
21	Jenna Mattern	Uncas	32.12	33.52 2



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Girls 200 Metre Dash Elementary**

Sponsor: The Running Room

Meet: # 27.50 1985-03-05 Monica Highbough, Pollard Meadows

Name	Year Team	Semis	Finals
Finals			
1 Layla Matthew	M Fee Otterson	29.32	28.79
2 Jayme Bialik	M William Irwin	29.57	28.90
3 Kiara Broderick	Aldergrove	31.22	30.07
4 Laura Rodrigues	Neil M. Ross	30.81	30.49
5 Ava Tingstad	Pine Street	30.86	30.55
6 Carys Moore	Rio Terrace	31.14	31.46

Girls 800 Metre Run Elementary**10 Advance: Top 1 Each Heat plus Next 6 Best Times**

Pat Munro Memorial

Meet: # 2:25.61 2018-03-17 Libby Dunn, Corinthia Park

Name	Year Team	Prelims	Semis	H#
Semi-Finals				
1 Haden Thomas	Riverdale	2:37.82	2:32.70Q	4
2 Luisa Arco	Greenfield	2:53.40	2:40.05Q	3
3 Anaka Weber	Fultonvale	2:49.00	2:43.65Q	1
4 Ava Sonnenberg	Clear Vista	2:47.68	2:44.22Q	2
5 Abiola Omoyayi	Champs Vallée	2:54.20	2:45.02q	1
6 Mary Maclean	M William Irwin	2:45.95	2:45.37q	2
7 Ezra Haller	Meridian Heights	2:41.37	2:46.21q	3
8 Mariam Hamaoui	Clear Vista	2:48.04	2:46.31q	1
9 Brooklyn Johnston	Beau Meadow	2:51.51	2:46.68q	2
10 Lauren Shepherd	Belgravia	2:48.56	2:47.69q	1
11 Megan Dolynchuk	Our Lady of Mt C	3:02.17	2:48.29	3
12 Claire Hingley	Greenfield	2:57.60	2:51.04	4
13 Karissa de Sousa	J.J. Nearing	2:55.66	2:52.04	3
14 Hope Dunkley	Riverdale	2:55.61	2:52.12	2
15 Rielle Martin	Lendrum	3:06.40	2:52.71	3
16 Aryonnah Knee	Caledonia Park	2:58.91	2:54.70	4
17 Lily Davidson	Lendrum	3:09.66	2:56.01	4
18 Keira Gillard	M William Irwin	3:03.99	2:59.75	1
19 Dani McDonald	Parkallen	3:08.31	3:01.40	4
20 Adalie Jespersen	Meridian Heights	2:56.68	3:01.50	4
21 Callkie Mulroy	Copperhaven	3:13.83	3:01.51	3
22 Lauren Richer	St. Mary (Edmonton)	3:10.79	3:04.17	2
23 Sophie Quaschnick	Patricia Heights	3:16.07	3:06.80	4
24 Kendra Frew	Neil M. Ross	3:19.89	3:07.69	4
25 Daylen Gorniak	Uncas	3:13.42	3:08.00	2
26 Ava Heie	Charlie Killam	3:11.51	3:09.50	1
27 Julia Tuckwood	Westboro	3:11.75	3:11.25	1
28 Sienna Powell	Nellie Carlson	3:17.00	3:12.09	2



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Girls 800 Metre Run Elementary

29	Kaitlynn Rogers	Waverley	3:10.43	3:12.80	3
30	Lydia Ball	Suzuki	3:19.55	3:14.69	2
31	Sydnee Belle	Michael Strembitsky	3:19.27	3:14.75	1
32	Naila Broening-Chai	Nellie Carlson	3:19.06	3:15.34	1
33	Talia Aytenfisu	St. Stanislaus	3:19.67	3:19.43	3
34	Bethany Crisp	M Fee Otterson	3:16.14	3:19.76	3
--	Sophie Stanton	Home JS	2:54.95	DNS	4
--	Nicole Rohr	Our Lady M.Pleas	3:20.72	DNS	2
--	Simone Doucet	Charlie Killam	2:59.00	DNS	3
--	Julia Curran	St. Mary (Edmonton)	2:59.86	DNS	2
--	Sofia Hillhouse	Ste. Jeanne-d'Arc	3:02.36	DNS	1
--	Autumn Joyce	Our Lady M.Pleas	3:23.27	DNS	4

Girls 800 Metre Run Elementary

Pat Munro Memorial

Meet: # 2:25.61 2018-03-17 Libby Dunn, Corinthia Park

Name	Year Team	Semis	Finals
------	-----------	-------	--------

Finals

1	Haden Thomas	Riverdale	2:32.70	2:31.22
2	Ezra Haller	Meridian Heights	2:46.21	2:37.48
3	Luisa Arco	Greenfield	2:40.05	2:37.84
4	Mary Maclean	M William Irwin	2:45.37	2:39.57
5	Brooklyn Johnston	Beau Meadow	2:46.68	2:39.76
6	Ava Sonnenberg	Clear Vista	2:44.22	2:40.70
7	Anaka Weber	Fultonvale	2:43.65	2:46.32
8	Abiola Omoyayi	Champs Vallée	2:45.02	2:48.10
9	Mariam Hamaoui	Clear Vista	2:46.31	2:51.19
--	Megan Dolynchuk	Our Lady of Mt C	2:48.29	DNS

Girls 8x200 Metre Relay Elementary

24 Advance: Top 1 Each Heat plus Next 18 Best Times

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (7:50 p.m.)

Heat 2 in Final Round: Medal Final (8:20 p.m.)

Meet: # 4:12.00 2005-03-12 Centennial

Team	Prelims	Qtrs	H#
------	---------	------	----

Quarter-Finals

1	Elizabeth Finch	4:24.53	4:16.44Q	2
2	Sir Alexander Mackenzie	4:24.42	4:19.40Q	1
3	Michael A. Kostek	4:28.75	4:21.95Q	6
4	Centennial Edmonton	4:25.67	4:25.53Q	4
5	Lakeland Ridge	4:29.60	4:26.47Q	7
6	J.J. Nearing	4:25.02	4:26.78Q	3
7	Keheewin	4:38.30	4:29.95Q	5



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Girls 8x200 Metre Relay Elementary**

8 Muriel Martin 'B'	4:31.29	4:30.26Q	9
9 Barrhead	4:30.76	4:30.96Q	8
10 Clear Vista	4:34.82	4:31.78Q	10
11 Muriel Martin	4:28.37	4:30.08q	5
12 Westlock	4:31.40	4:30.38q	1
13 St. John XXIII	4:43.17	4:31.20q	9
14 Earl Buxton	4:38.69	4:31.34q	5
15 Ardrossan Elementary 'B'	4:35.79	4:32.00q	9
16 Greenfield	4:37.09	4:32.01q	2
17 Davidson Creek	4:36.85	4:33.16q	8
18 George P. Nicholson	4:40.63	4:34.95q	7
19 Fultonvale	4:34.08	4:35.40q	10
20 Good Shepherd	4:40.59	4:37.50q	3
21 Wye	4:37.92	4:37.94q	7
22 Mills Haven	4:38.13	4:38.02q	6
23 Neil M. Ross	4:44.77	4:38.66q	1
24 LaPerle	4:37.26	4:39.62q	3
25 Steinhauer 'B'	4:45.63	4:40.05	8
26 Westbrook 'B'	4:50.15	4:40.89	7
27 Lilian Schick	4:48.40	4:41.02	5
28 Sir Alexander Mackenzie 'B'	4:41.21	4:41.51	8
29 Keenooshayo	4:45.94	4:42.03	7
30 St. Matthew 'B'	4:46.70	4:42.25	1
31 Monsignor Fee Otterson	4:39.21	4:43.82	4
32 Ste. Jeanne-d'Arc	4:43.74	4:45.40	10
33 Meyonohk	4:40.08	4:45.44	6
34 St. Thomas Aquinas (Spruce Gr) 'B'	4:50.56	4:45.64	2
35 Michael A. Kostek 'B'	4:49.58	4:46.41	5
36 St. Paul Edmonton	4:48.27	4:47.10	2
37 Rio Terrace	4:44.07	4:47.24	2
38 St. Mary (Edmonton)	4:49.68	4:47.97	6
39 Muriel Martin 'C'	4:50.79	4:48.49	8
40 Ronald Harvey	4:38.01	4:48.71	4
41 Earl Buxton 'B'	4:52.34	4:50.59	10
42 Velma E. Baker	4:58.95	4:50.74	5
43 Notre Dame Edmonton	4:44.27	4:51.30	10
44 Westboro	4:52.96	4:52.43	9
45 Elizabeth Finch 'B'	4:50.46	4:52.56	4
46 St. Lucy	4:49.37	4:53.49	4
47 Holyrood	4:59.15	4:53.78	4
48 Elmer S. Gish	4:50.78	4:55.25	1
49 J.J. Nearing 'B'	4:50.50	4:55.35	3
50 Lois E. Hole	4:58.61	4:55.59	6
51 Bessie Nichols	4:47.70	4:55.96	6
52 Davidson Creek 'B'	5:06.32	4:57.55	2
53 Father Michael Mireau	4:56.60	4:58.79	8
54 Aurora Edmonton	4:54.20	5:04.50	10
55 Meridian Heights 'B'	4:56.16	5:08.66	9



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Girls 8x200 Metre Relay Elementary

56 Dunluce	5:02.55	5:16.21	3	
-- Johnny Bright	4:48.31	DQ	3	bad exchange
-- Notre Dame Morinville	4:32.09	DNS	1	
-- Virginia Park	4:55.32	DNS	7	
-- Baturyn	4:51.90	X4:51.85	9	too few runners

Girls 8x200 Metre Relay Elementary

12 Advance: Top 1 Each Heat plus Next 8 Best Times

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (7:50 p.m.)

Heat 2 in Final Round: Medal Final (8:20 p.m.)

Meet: # 4:12.00 2005-03-12 Centennial

Team	Qtrs	Semis	H#
Semi-Finals			
1 Elizabeth Finch	4:16.44	4:18.35Q	1
2 Sir Alexander Mackenzie	4:19.40	4:20.68Q	2
3 J.J. Nearing	4:26.78	4:20.96Q	3
4 Centennial Edmonton	4:25.53	4:26.01Q	4
5 Michael A. Kostek	4:21.95	4:21.98q	3
6 Lakeland Ridge	4:26.47	4:26.08q	4
7 Barrhead	4:30.96	4:27.37q	1
8 Ardrossan Elementary 'B'	4:32.00	4:28.81q	2
9 Muriel Martin	4:30.08	4:29.13q	3
10 Muriel Martin 'B'	4:30.26	4:29.98q	1
11 Earl Buxton	4:31.34	4:31.43q	3
12 Davidson Creek	4:33.16	4:31.98q	1
13 Keheewin	4:29.95	4:32.36	2
14 Fultonvale	4:35.40	4:33.27	2
15 Greenfield	4:32.01	4:33.86	1
16 Clear Vista	4:31.78	4:34.15	2
17 Westlock	4:30.38	4:34.21	4
18 George P. Nicholson	4:34.95	4:34.37	3
19 Good Shepherd	4:37.50	4:35.11	4
20 St. John XXIII	4:31.20	4:35.48	4
21 Mills Haven	4:38.02	4:35.78	2
22 Wye	4:37.94	4:37.63	3
23 Neil M. Ross	4:38.66	4:39.35	1
24 LaPerle	4:39.62	4:44.10	4



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Girls 8x200 Metre Relay Elementary**

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (7:50 p.m.)

Heat 2 in Final Round: Medal Final (8:20 p.m.)

Meet: # 4:12.00 2005-03-12 Centennial

Team	Semis	Finals	H#
Finals			
1 Elizabeth Finch	4:18.35	4:14.53	2
2 Sir Alexander Mackenzie	4:20.68	4:17.20	2
3 Centennial Edmonton	4:26.01	4:22.53	2
4 J.J. Nearing	4:20.96	4:23.93	2
5 Michael A. Kostek	4:21.98	4:26.58	2
6 Barrhead	4:27.37	4:26.79	1
7 Muriel Martin	4:29.13	4:27.17	1
8 Muriel Martin 'B'	4:29.98	4:28.07	1
9 Davidson Creek	4:31.98	4:28.63	1
10 Lakeland Ridge	4:26.08	4:29.19	2
11 Ardrossan Elementary 'B'	4:28.81	4:29.73	1
12 Earl Buxton	4:31.43	4:31.39	1

Girls Long Jump Elementary

There will be a one-metre take-off area.

The athlete's take-off point is eyeballed; the athlete's jump will be measured to that point.

Meet: # 4.88m 2019-02-19 Ella Steel-Douglas, East Element

Name	Year	Team	Prelims	Finals		
1 Ella Steel-Douglas		East Elementary	4.88m	4.95m#		
	4.40m	4.40m	4.65m	4.49m	4.77m	4.95m
2 Samantha Christianson		Lendrum	3.84m	3.97m		
	3.97m	3.61m	3.70m	3.61m	3.76m	3.88m
3 Hannah Martin		Charlie Killam	3.63m	3.61m		
	3.61m	3.54m	3.57m	3.43m	3.43m	3.59m
4 Kira Desrochers		La Mission	3.38m	3.45m		
	2.95m	3.45m	3.28m	3.34m	3.10m	3.33m
5 Kyra Fedoretz		Our Lady M.Pleas	3.26m	3.41m		
	3.31m	3.17m	FOUL	3.25m	3.41m	3.37m
6 Isabella Chitiak		St. Teresa Edmonton	3.26m	3.30m		
	3.30m	2.98m	3.19m	3.17m	2.41m	3.23m
-- Skye Stanton		Home JS	3.25m	DNS		
-- Julianna Rath		Brentwood	3.54m	DNS		



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Women 19-30 800 Metre Run Isaak Invite**

Isaak's Invitational Eight

Special thanks to: Running Room and Ellis Timing Canada.

Province: ! 2:01.89 2014-02-15 Jenna Westaway (1994)

Meet: # 2:10.61 2015-03-14 Jenna Westaway, Brooks Running Canad

Name	Year Team	Seed	Finals
1 Vanessa Trofimenkoff	Running Room	2:12.61	2:12.56
2 Bella Gustin	U of A	2:17.25	2:14.00
3 Taylor Carlin	Running Room	2:20.00	2:23.04
-- Lesley Koopman	Running Room	2:20.00	DNS

Women 200 Metre Dash Junior High**12 Advance: Top 1 Each Heat plus Next 7 Best Times**

Sponsor: The Running Room

Meet: # 25.10 1987-03-15 Cheryl Allen, D.S. MacKenzie

Name	Year Team	Prelims	Qtrs	H#
------	-----------	---------	------	----

Quarter-Finals

1 Rhianna Gordon	Highlands	29.09	27.63Q	5
2 Cheyenne Duncan	F.R. Haythorne	28.35	28.25Q	1
3 Kate Kolber	Riverbend	28.60	28.40Q	3
4 Ruth Moke Ngala	Joseph Moreau	28.69	28.44Q	4
5 Ella Murphy	Highlands	28.37	28.79Q	2
6 Isabella McClelland	Vimy Ridge Academy	28.83	28.73q	5
7 Meika Leblanc	Spruce Avenue	29.61	28.83q	2
8 Carmen Chu	Father Michael Troy	29.59	28.96q	3
9 Chloe Slupek	Joseph Moreau	28.65	29.02q	1
10 Charlize Ostapowich	Vimy Ridge Academy	29.19	29.06q	2
11 Nisha Devavarapu	Sherwood Heights	29.43	29.15q	4
12 Nadiya Vanat	S. Bruce Smith	29.41	29.19q	5
13 Brooke Desmarais	Esther Starkman	30.13	29.57	1
14 Georgia Fairbrother	Riverbend	29.36	29.67	4
15 Sydney Stewart	Johnny Bright	30.11	29.71	2
16 Emilee Randolph	Westlawn	30.62	29.73	5
17 Jayla Guthrie	Lakeland Ridge	29.39	29.80	5
18 Sarah Toews	Johnny Bright	30.74	30.15	3
19 Alayna Lowe	Charlie Killam	30.34	30.17	1
20 Kailey Lobreau	Our Lady M.Pleas	30.77	30.24	1 30.236
21 Ava Rose Graham	Victoria	30.19	30.24	1 30.240
22 Jamie Cotton	MeadowlarkChrist	30.51	30.41	4
23 Keely Lamson	Our Lady M.Pleas	30.70	30.51	4
24 Haven McEachern	Elmer S. Gish	30.61	30.74	5
25 Natasha Iwuc	St. John XXIII	30.36	31.04	2
26 Sara Kosh	Riverbend	30.37	31.43	3
-- Keira Weber	St. John XXIII	29.60	DNS	3
-- Journi Thompson	St. John XXIII	29.33	DNS	3
-- Mabel Aigbonohan	Mother d'Youville	30.74	DNS	2



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Women 200 Metre Dash Junior High**

-- Kristjanna Gogan S. Bruce Smith 29.53 DNS 4

Women 200 Metre Dash Junior High**6 Advance: Top 1 Each Heat plus Next 4 Best Times**

Sponsor: The Running Room

Meet: # 25.10 1987-03-15 Cheryl Allen, D.S. MacKenzie

Name	Year Team	Qtrs	Semis	H#
Semi-Finals				
1 Rhianna Gordon	Highlands	27.63	27.99Q	1
2 Kate Kolber	Riverbend	28.40	28.20Q	2
3 Ella Murphy	Highlands	28.79	28.25q	1
4 Cheyenne Duncan	F.R. Haythorne	28.25	28.31q	2
5 Ruth Moke Ngala	Joseph Moreau	28.44	28.42q	1
6 Isabella McClelland	Vimy Ridge Academy	28.73	29.09q	2
7 Chloe Slupek	Joseph Moreau	29.02	29.30	1
8 Meika Leblanc	Spruce Avenue	28.83	29.38	2 29.372
9 Nadiya Vanat	S. Bruce Smith	29.19	29.38	1 29.374
10 Carmen Chu	Father Michael Troy	28.96	29.59	1
11 Charlize Ostapowich	Vimy Ridge Academy	29.06	29.63	2
12 Nisha Devavarapu	Sherwood Heights	29.15	29.65	2

Women 200 Metre Dash Junior High

Sponsor: The Running Room

Meet: # 25.10 1987-03-15 Cheryl Allen, D.S. MacKenzie

Name	Year Team	Semis	Finals
Finals			
1 Ella Murphy	Highlands	28.25	27.58
2 Rhianna Gordon	Highlands	27.99	27.97
3 Kate Kolber	Riverbend	28.20	28.37
4 Cheyenne Duncan	F.R. Haythorne	28.31	28.69
5 Ruth Moke Ngala	Joseph Moreau	28.42	29.07
6 Isabella McClelland	Vimy Ridge Academy	29.09	30.01

Women 800 Metre Run Junior High**10 Advance: Top 1 Each Heat plus Next 8 Best Times**

Sponsor: The Running Room

Meet: # 2:14.10 2014-03-15 Sophie Sigfstead, Crestwood

Name	Year Team	Prelims	Semis	H#
Semi-Finals				
1 Meadow Drebert	Breton	2:25.28	2:27.42Q	2
2 Sydney Slack	St. Cecilia	2:24.16	2:28.37Q	1
3 Julianna Chipiuk	J.E. Lapointe	2:27.44	2:27.67q	2



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Women 800 Metre Run Junior High

4	Libby Dunn	Leduc Junior High	2:23.93	2:28.51q	1
5	Izzie Seiler	J.E. Lapointe	2:33.90	2:33.93q	1
6	Reaghan Rajotte	S. Bruce Smith	2:32.58	2:35.36q	2
7	Zoey Turcotte	Westminster	2:49.35	2:37.83q	1
8	Kiera Inglis	Joseph Moreau	2:49.07	2:38.95q	1
9	Ella Heinrich	F.R. Haythorne	2:49.78	2:43.06q	2
10	Lauren Dellezay	Mother d'Youville	2:45.29	2:43.92q	2
11	Brooke Loewen	Riverbend	2:48.94	2:45.55	2
12	Mary Searle	Charlie Killam	2:51.39	2:47.89	1
13	Julia Makoloski	Charlie Killam	2:53.75	2:48.66	2
14	Alix Vergote	St. John XXIII	2:58.76	2:57.19	1
--	Racquelle Babiy	Westminster	2:55.09	DNS	2
--	Holly Pougnet	Woodhaven	2:35.11	DNS	2
--	Taylor Brown	Woodhaven	2:43.29	DNS	1
--	Sophie Byrne	McKernan	2:50.24	DNS	1

Women 800 Metre Run Junior High

Sponsor: The Running Room

Meet: # 2:14.10 2014-03-15 Sophie Sigfstead, Crestwood

Name	Year Team	Semis	Finals
------	-----------	-------	--------

Finals

1	Libby Dunn	Leduc Junior High	2:28.51	2:19.04
2	Julianna Chipiuk	J.E. Lapointe	2:27.67	2:19.81
3	Meadow Drebert	Breton	2:27.42	2:20.42
4	Sydney Slack	St. Cecilia	2:28.37	2:24.82
5	Izzie Seiler	J.E. Lapointe	2:33.93	2:29.91
6	Reaghan Rajotte	S. Bruce Smith	2:35.36	2:30.74
7	Zoey Turcotte	Westminster	2:37.83	2:37.46
8	Kiera Inglis	Joseph Moreau	2:38.95	2:39.55
9	Ella Heinrich	F.R. Haythorne	2:43.06	2:41.01
10	Lauren Dellezay	Mother d'Youville	2:43.92	2:49.03

Women 8x200 Metre Relay Junior High

6 Advance: Top 1 Each Heat plus Next 4 Best Times

Sponsor: The Running Room

Meet: # 3:44.60 2013-03-16 Lorne Akins

Team	Prelims	Semis	H#
------	---------	-------	----

Semi-Finals

1	Riverbend	3:57.90	3:55.91Q	1
2	S. Bruce Smith	3:59.68	4:01.49Q	2
3	R.S. Fowler	4:04.98	4:00.28q	1
4	Lorne Akins	3:59.89	4:03.11q	2
5	Joseph Moreau	4:06.35	4:05.50q	1
6	Father Michael Troy	4:08.64	4:05.60q	2



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Women 8x200 Metre Relay Junior High

7 Riverbend 'B'	4:04.55	4:06.75	2
8 Avalon	4:06.49	4:06.87	1
9 Vernon Barford	4:04.65	4:08.49	2
10 Barrhead	4:11.31	4:09.49	2
11 Alexandre Tache	4:17.80	4:12.50	1
12 Wainwright	4:13.14	4:16.20	1

Women 8x200 Metre Relay Junior High

Sponsor: The Running Room

Meet: # 3:44.60 2013-03-16 Lorne Akins

Team	Semis	Finals
Finals		
1 Riverbend	3:55.91	3:55.07
2 Lorne Akins	4:03.11	3:58.98
3 S. Bruce Smith	4:01.49	4:01.27
4 Joseph Moreau	4:05.50	4:02.34
5 Father Michael Troy	4:05.60	4:02.51
6 R.S. Fowler	4:00.28	4:03.65

Women 200 Metre Dash Senior High

Sponsor: The Running Room

Province: ! 23.93 1998-02-21 Atia Weekes (1980), CITC; Pocatello, I

Meet: # 25.01 2010-03-20 Leah Walkeden, Ardrossan Jr/Sr High

Name	Year Team	Prelims	Finals
1 Anneke Odinga	Paul Kane	27.50	26.75
2 Reem Hamdon	Strathcona	27.39	27.36
3 Riley Andruchow	Paul Kane	27.56	27.73
4 Alexis Ludlow	Ardrossan JrSr H	27.96	27.81
5 Nanine Pol	Lillian Osborne	28.38	28.55
6 Akemini Ekpe	Strathcona	28.27	29.28

Women 800 Metre Run Senior High

Sponsor: The Running Room

Province: ! 2:06.8h 1974-02-09 Linda Halverson (1954), CS; Edmonton

Meet: # 2:11.70 1997-03-15 Tanya Wright, Beaumont Composite

Name	Year Team	Prelims	Finals
1 Chloe Palmer	McNally	2:31.57	2:18.31
2 Emma Langstrom	Harry Ainlay	2:26.82	2:18.52
3 Jillan Brown	Archbishop Jordan	2:25.88	2:23.76
4 Emily Duxbury	Vimy Ridge Academy	2:32.20	2:30.21
5 Avery Linn	St. Francis Xavier	2:32.52	2:32.89
6 Annabelle Traub	Ross Sheppard	2:38.10	2:37.11



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****....Women 800 Metre Run Senior High**

7	Julia Seretny	Strathcona	2:38.78	2:37.57
8	Cheltey Berlinguette	Morinville	2:41.57	2:40.98
9	Sophia Zombor	Louis St. Laurent	2:49.49	2:43.38

Women 8x200 Metre Relay Senior High

Sponsor: The Running Room

Meet: # 3:37.85 2006-03-18 Strathcona Composite

Team	Seed	Finals
1 Strathcona		3:44.72
2 Ross Sheppard		3:49.53
3 Paul Kane		3:49.91
4 Harry Ainlay		3:59.20
5 Ross Sheppard 'B'		4:10.09
6 Mother Margaret Mary		4:28.11

Boys 200 Metre Dash Elementary**18 Advance: Top 1 Each Heat plus Next 8 Best Times**

Sponsor: The Running Room

Meet: # 26.50 1992-03-15 Chris Griffith, Grace Martin

Name	Year Team	Prelims	Qtrs	H#
Quarter-Finals				
1	Yvann Kouame	Ste. Jeanne-d'Arc	28.03	28.21Q 10
2	Kalechi Okpular	Aldergrove	29.76	28.26Q 6
3	Ariel Kemami Wangun	Notre Dame Edmonton	29.27	28.34Q 9
4	Ryder Rattee	Greystone Cent.	29.73	28.71Q 7
5	Pierre Chong	Neil M. Ross	29.80	28.80Q 5
6	Dylan Carnegie	Westlock	29.38	29.01Q 8
7	Chris Ouanda	Notre Dame Edmonton	31.04	29.18Q 2
8	Luca Neilson Alfaro	Aldergrove	31.30	30.07Q 3
9	Alex Medeiros	Lendrum	30.21	30.16Q 4
10	Josh Macauley	Lendrum	31.17	30.91Q 1
11	Micah Brown	Roberta MacAdams	30.55	30.13q 3
12	Hudson Andrews	Michael Strembitsky	32.18	30.21q 6
13	Joshua Kalamba	St. Stanislaus	31.27	30.31q 2
14	Ollie Senkow Trump	Argyll Centre	31.81	30.40q 4
15	Felix Pauly	Notre Dame Edmonton	30.99	30.88q 2
16	Jay Edwards	St. Elizabeth	31.48	30.97q 1
17	Owen Hammond	Robert Rundle	32.21	31.02q 7
18	Brody Vik	M Fee Otterson	32.05	31.22q 5
19	Emmett Gosse	Greenfield	32.57	31.31 9
20	Remi Doderai	Ste. Jeanne-d'Arc	31.55	31.39 1
21	Chet Whiteside	Clara Tyner	32.35	31.59 9
22	Cole Serdachny	Greenfield	32.82	31.63 9 31.624
23	Warner Fadish	Brentwood	32.42	31.63 3 31.626



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Boys 200 Metre Dash Elementary

24	Ryland Tilley	Ellerslie Campus	32.23	31.80	2
25	Raad Ali	Northmount	32.64	31.96	7
26	Tysaiah Mills	Greenfield	32.73	31.98	7
27	Julian Wegewitz	Sangudo Community	32.38	32.01	10
28	Darius Hordal	McKernan	32.99	32.10	7
29	Brock Hoffman	Rio Terrace	32.31	32.19	8
30	Cole Bowes	Brookside	32.62	32.22	8
31	Quinn Boyington	Patricia Heights	32.90	32.23	10
32	Abdulwahid Isehag Khamis	Homesteader	33.51	32.25	4
33	Jack Day	PrescottLearning	32.51	32.33	4
34	Oliver Templer	Northmount	32.44	32.34	10
35	Alexq Chorney	St. Teresa Edmonton	33.54	32.38	1
36	Oliver Needham	Westbrook	33.63	32.43	4
37	Zachary Kadach	Sakaw	33.12	32.45	4
38	Colton Stabblers	Brentwood	33.93	32.50	9
39	Brandon Sundby	Parkview	32.66	32.64	6
40	Iqitzi Taylor	Homesteader	32.94	32.79	6
41	Toren Nott	Lendrum	32.93	32.86	9
42	Harrison McLeod	Lansdowne	33.02	32.93	6
43	Lukas Kaplan	Copperhaven	33.26	32.96	2
44	Raheem Phudjo	Crawford Plains	32.97	33.18	8
45	Brandon Foote	Ellerslie Campus	33.25	33.19	3
46	Keanu Peart	Aldergrove	33.03	33.20	5
47	Ryker Culham	Charlie Killam	33.83	33.30	7
48	Michael Cotton	MeadowlarkChrist	33.33	33.37	5
49	Davion Moore	Jack Stuart	33.82	33.46	6
50	Zac Snowdon	Lansdowne	33.98	33.55	10
51	Gage Emmette	Camilla	33.60	33.72	2
52	Quason Samuels	Waverley	34.12	33.73	10
53	Daniel Verbanek	St. Mary (Edmonton)	33.90	33.87	8
54	Josh Makoloski	Charlie Killam	34.18	33.89	8
55	Paulo Borrelli	Our Lady of Mt C	33.55	34.04	1
56	Tavin Anderson	Our Lady M.Pleas	33.60	34.31	3 34.307
57	Ethan Frost	FrMichael Mireau	33.79	34.31	5 34.310
--	Jacob Delisle	Sakaw	30.33	DQ	3 out of lane
--	Madox Fisher	Westboro	32.65	DQ	5 out of lane
--	Jaxon Fuller	St. Mary (Edmonton)	31.26	DNS	1

Boys 200 Metre Dash Elementary

6 Advance: Top 1 Each Heat plus Next 3 Best Times

Sponsor: The Running Room

Meet: # 26.50 1992-03-15 Chris Griffith, Grace Martin

Name	Year Team	Qtrs	Semis	H#
Semi-Finals				
1	Pierre Chong	Neil M. Ross	28.80	27.24Q 2
2	Ariel Kemami Wangun	Notre Dame Edmonton	28.34	27.74Q 1



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Boys 200 Metre Dash Elementary

3	Yvann Kouame	Ste. Jeanne-d'Arc	28.21	28.05Q	3
4	Kalechi Okpular	Aldergrove	28.26	27.96q	2
5	Ryder Rattee	Greystone Cent.	28.71	28.48q	1
6	Dylan Carnegie	Westlock	29.01	28.59q	3
7	Alex Medeiros	Lendrum	30.16	29.30	1
8	Chris Ouanda	Notre Dame Edmonton	29.18	29.35	3
9	Micah Brown	Roberta MacAdams	30.13	30.27	2
10	Luca Neilson Alfaro	Aldergrove	30.07	30.29	2
11	Hudson Andrews	Michael Strembitsky	30.21	30.63	3
12	Ollie Senkow Trump	Argyll Centre	30.40	30.73	2
13	Jay Edwards	St. Elizabeth	30.97	31.02	1
14	Felix Pauly	Notre Dame Edmonton	30.88	31.03	1
15	Owen Hammond	Robert Rundle	31.02	31.19	2
16	Joshua Kalamba	St. Stanislaus	30.31	31.41	3
17	Brody Vik	M Fee Otterson	31.22	31.67	3
18	Josh Macauley	Lendrum	30.91	31.72	1

Boys 200 Metre Dash Elementary

Sponsor: The Running Room

Meet: # 26.50 1992-03-15 Chris Griffith, Grace Martin

Name	Year Team	Semis	Finals
------	-----------	-------	--------

Finals

1	Pierre Chong	Neil M. Ross	27.24	27.02
2	Ariel Kemami Wangun	Notre Dame Edmonton	27.74	27.63
3	Yvann Kouame	Ste. Jeanne-d'Arc	28.05	27.88
4	Ryder Rattee	Greystone Cent.	28.48	28.39
5	Dylan Carnegie	Westlock	28.59	28.44
6	Kalechi Okpular	Aldergrove	27.96	28.44

Boys 800 Metre Run Elementary

10 Advance: Top 1 Each Heat plus Next 6 Best Times

Sponsor: The Running Room

Meet: # 2:23.53 2016-03-12 Finn Crowe, St.ThomasAquinas

Name	Year Team	Prelims	Semis	H#
------	-----------	---------	-------	----

Semi-Finals

1	Tanner McBride	Camilla	2:48.60	2:39.38Q	1
2	Easton Herman	Keenooshayo	2:40.35	2:41.21Q	4
3	Jack Buchko	Rio Terrace	2:44.09	2:42.38Q	3
4	Joah Lee	Riverdale	2:48.80	2:45.89Q	2
5	Jacob Reves	Champs Vallée	2:48.22	2:40.00q	1
6	Nicolas Kalinocka	Suzuki	2:49.18	2:41.84q	1
7	Nolan Stewart	Johnny Bright	2:51.36	2:42.10q	4
8	Daniel Matei	M William Irwin	2:50.30	2:42.21q	4
9	Dawson Ferguson	Charlie Killam	2:47.29	2:43.11q	3



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Boys 800 Metre Run Elementary

10	Josh Dumanski	M William Irwin	2:57.40	2:45.53q	1
11	Luis Rankhel	St. Teresa Edmonton	2:51.90	2:46.19	2
12	Cooper Allan	St. Mary (Edmonton)	2:50.54	2:46.42	4
13	Michael Zadko	Wye	2:51.40	2:46.71	3
14	Sam Palmer	Greenfield	2:57.08	2:47.37	4
15	Theren Eaton	Our Lady of Peace	2:55.57	2:47.65	4
16	Lukas Motyka	Johnny Bright	2:49.36	2:47.79	3
17	Dane Logan	Patricia Heights	3:00.10	2:49.03	3
18	Kai Schuller	Ellerslie Campus	3:01.99	2:49.41	1
19	Decon Good	Our Lady M.Pleas	2:49.16	2:49.60	2
20	Reese Snyder	Our Lady of Mt C	2:57.64	2:49.76	1
21	Rylan Chipiuk	Bellevue	2:54.69	2:50.41	1
22	Kayden Heam	Leduc Estates	2:57.10	2:50.42	2
23	Liam Butcher	Ste. Jeanne-d'Arc	2:55.41	2:51.37	3
24	Eric Cormier	Ste. Jeanne-d'Arc	3:01.96	2:51.96	1
25	Paul Sturko	Greenfield	2:47.11	2:52.49	2
26	Ethan Pavone	Neil M. Ross	2:49.70	2:53.21	2
27	Peyton Poon	Riverdale	3:00.55	2:53.24	4
28	Seva Bortnick	Nellie Carlson	2:53.60	2:53.62	1
29	Blake Drebert	Winfield	3:01.43	2:54.49	2
30	Liam Morison	Patricia Heights	3:03.43	2:54.96	3
31	Jack MacIntyre	Brentwood	2:56.04	2:55.15	4
32	Ashton Van Petten	Charlie Killam	3:03.56	2:55.42	4
33	David Neraasen	La Mission	3:01.18	2:57.45	3
34	Josh Wojcichowsky	Michael Strembitsky	3:03.25	2:58.17	2
35	Dawson McAuley	M Fee Otterson	2:59.44	2:59.08	2
36	Jacob Drebert	Breton	3:00.74	3:03.12	4
--	Casey Needham	Westbrook	2:48.86	DNS	1
--	Corey Lounsbury	Rio Terrace	2:55.31	DNS	2
--	Samuel Inglis	Notre Dame Edmonton	2:49.89	DNS	3
--	Fischer Prefontaine	St. Vincent	3:03.58	DNS	3

Boys 800 Metre Run Elementary

Sponsor: The Running Room

Meet: # 2:23.53 2016-03-12 Finn Crowe, St.ThomasAquinas

Name	Year Team	Semis	Finals
------	-----------	-------	--------

Finals

1	Tanner McBride	Camilla	2:39.38	2:35.95
2	Easton Herman	Keenooshayo	2:41.21	2:38.71
3	Jacob Reves	Champs Vallée	2:40.00	2:38.86
4	Dawson Ferguson	Charlie Killam	2:43.11	2:38.88
5	Jack Buchko	Rio Terrace	2:42.38	2:39.56
6	Daniel Matei	M William Irwin	2:42.21	2:41.23
7	Nicolas Kalinocka	Suzuki	2:41.84	2:42.31
8	Nolan Stewart	Johnny Bright	2:42.10	2:42.60
9	Joah Lee	Riverdale	2:45.89	2:46.14



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Boys 800 Metre Run Elementary

10 Josh Dumanski M William Irwin 2:45.53 2:53.00

Boys 8x200 Metre Relay Elementary

24 Advance: Top 1 Each Heat plus Next 14 Best Times

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (8:00 p.m.)

Heat 2 in Final Round: Medal Final (8:30 p.m.)

Meet: # 4:01.50 1988-03-15 Glen Allen

Team	Prelims	Qtrs	H#
Quarter-Finals			
1 Muriel Martin	4:14.70	4:09.39Q	1
2 Elizabeth Finch	4:16.50	4:09.50Q	2
3 Sir Alexander Mackenzie	4:16.85	4:11.98Q	3
4 Ardrossan Elementary 'B'	4:25.84	4:12.40Q	9
5 Earl Buxton	4:17.00	4:14.34Q	4
6 Notre Dame Edmonton	4:20.11	4:16.39Q	6
7 St. Thomas Aquinas (Spruce Gr)	4:29.16	4:18.07Q	5
8 Johnny Bright	4:26.95	4:18.81Q	8
9 J.J. Nearing	4:20.23	4:19.28Q	7
10 Neil M. Ross	4:23.64	4:21.71Q	10
11 Greystone Centennial	4:18.97	4:12.85q	1
12 St. John XXIII	4:22.24	4:14.18q	9
13 Lois E. Hole	4:29.37	4:18.46q	3
14 George P. Nicholson	4:19.12	4:19.18q	5
15 Westlock	4:25.74	4:20.51q	3
16 Westbrook 'B'	4:30.38	4:20.60q	2
17 Good Shepherd	4:28.59	4:22.38q	5
18 Ronald Harvey	4:23.30	4:22.49q	10
19 Sir Alexander Mackenzie 'B'	4:27.03	4:23.09q	7
20 Michael A. Kostek	4:29.47	4:23.32q	2
21 Greenfield	4:20.17	4:23.99q	1
22 Barrhead	4:28.39	4:24.01q	4
23 Dr. Donald Massey	4:28.73	4:25.48q	4
24 Davidson Creek	4:36.68	4:26.05q	8
25 Millwoods Christian	4:31.65	4:26.41	7
26 Ste. Jeanne-d'Arc	4:29.63	4:26.66	1
27 Lakeland Ridge	4:21.86	4:27.21	8
28 Sturgeon Heights	4:39.02	4:27.38	10
29 Edmonton Christian West	4:34.13	4:28.36	10
30 Muriel Martin 'B'	4:35.30	4:28.92	7
31 Stratford	4:34.40	4:29.63	6
32 Centennial Edmonton	4:31.87	4:29.81	5
33 St. Mary (Edmonton)	4:31.40	4:30.14	4
34 Holyrood	4:30.53	4:31.08	3
35 A. Blair McPherson	4:31.37	4:31.58	6
36 Westbrook	4:35.79	4:32.04	6



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Boys 8x200 Metre Relay Elementary

37 Rio Terrace	4:30.15	4:32.13	1
38 Keenooshayo	4:28.20	4:32.78	6
39 St. Edmund	4:34.40	4:33.42	7
40 Clear Vista	4:29.00	4:34.12	2
41 Esther Starkman	4:34.72	4:35.25	10
42 Baturyn 'B'	4:37.20	4:36.52	2
43 Aurora Edmonton	4:36.20	4:36.70	4
44 St. Benedict Edmonton	4:45.39	4:37.60	5
45 Elizabeth Finch 'B'	4:37.91	4:37.76	9
46 Earl Buxton 'B'	4:36.49	4:38.68	3
47 Mill Creek 'B'	4:39.44	4:38.83	9
48 St. Lucy	4:39.60	4:42.01	9
49 Belgravia	4:51.59	4:42.18	2
50 Hardisty	4:41.36	4:42.57	8
51 Centennial Edmonton 'B'	4:39.47	4:44.12	7
52 Rutherford	4:42.19	4:44.83	6
53 St. Thomas Aquinas (Spruce Gr) 'B'	4:38.21	4:45.91	10
54 Sakaw	4:50.08	4:47.18	1
55 Davidson Creek 'B'	4:46.75	4:50.70	3
-- Dr. Margaret-Ann Armour	4:41.19	DQ	9 out of lane
-- Ronald Harvey 'B'	4:45.73	DQ	4 bad exchange
-- Hilwie Hamdon 'C'	4:35.95	X4:41.57	5 too few runners

Boys 8x200 Metre Relay Elementary

12 Advance: Top 1 Each Heat plus Next 8 Best Times

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (8:00 p.m.)

Heat 2 in Final Round: Medal Final (8:30 p.m.)

Meet: # 4:01.50 1988-03-15 Glen Allen

Team	Qtrs	Semis	H#
Semi-Finals			
1 Notre Dame Edmonton	4:16.39	4:10.47Q	3
2 Elizabeth Finch	4:09.50	4:10.58Q	2
3 Muriel Martin	4:09.39	4:11.22Q	1 4:11.215
4 Earl Buxton	4:14.34	4:11.22Q	4 4:11.219
5 Sir Alexander Mackenzie	4:11.98	4:12.67q	3
6 Greystone Centennial	4:12.85	4:13.08q	3
7 Ardrossan Elementary 'B'	4:12.40	4:13.36q	4
8 St. John XXIII	4:14.18	4:14.72q	4
9 J.J. Nearing	4:19.28	4:18.04q	1
10 Johnny Bright	4:18.81	4:18.32q	1
11 George P. Nicholson	4:19.18	4:19.70q	3
12 Lois E. Hole	4:18.46	4:20.43q	4
13 Westbrook 'B'	4:20.60	4:20.89	1
14 Ronald Harvey	4:22.49	4:22.08	3
15 Neil M. Ross	4:21.71	4:22.19	2



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Boys 8x200 Metre Relay Elementary

16 Davidson Creek	4:26.05	4:22.90	1
17 Michael A. Kostek	4:23.32	4:24.43	4
18 Greenfield	4:23.99	4:24.44	2
19 Sir Alexander Mackenzie 'B'	4:23.09	4:24.53	4
20 Dr. Donald Massey	4:25.48	4:24.67	2
21 Good Shepherd	4:22.38	4:25.39	2
22 Barrhead	4:24.01	4:27.83	3
23 Westlock	4:20.51	4:28.04	1
-- St. Thomas Aquinas (Spruce Gr)	4:18.07	DQ	2 out of lane

Boys 8x200 Metre Relay Elementary

Sponsor: The Running Room

Heat 1 in Final Round: Consolation Final (8:00 p.m.)

Heat 2 in Final Round: Medal Final (8:30 p.m.)

Meet: # 4:01.50 1988-03-15 Glen Allen

Team	Semis	Finals	H#
Finals			
1 Sir Alexander Mackenzie	4:12.67	4:06.21	2
2 Muriel Martin	4:11.22	4:06.64	2
3 Notre Dame Edmonton	4:10.47	4:08.46	2
4 Elizabeth Finch	4:10.58	4:09.23	2
5 Greystone Centennial	4:13.08	4:10.94	2
6 Earl Buxton	4:11.22	4:14.13	2
7 Ardrossan Elementary 'B'	4:13.36	4:15.30	1
8 Lois E. Hole	4:20.43	4:18.36	1
9 J.J. Nearing	4:18.04	4:19.64	1
10 George P. Nicholson	4:19.70	4:19.69	1
11 St. John XXIII	4:14.72	4:20.05	1
-- Johnny Bright	4:18.32	DNS	1

Boys Long Jump Elementary

There will be a one-metre take-off area.

The athlete's take-off point is eyeballed; the athlete's jump will be measured to that point.

Meet: # 4.79m 2018-03-17 Hayes Cook, St. Stanislaus

Name	Year Team	Prelims	Finals
1 Karsen Ostapowich	Donnan	4.70m	4.78m
4.39m 4.78m 4.54m 4.40m 4.50m 4.57m			
2 Austin Dellezay	Mother d'Youville	4.27m	4.28m
4.12m 4.25m 4.28m 4.18m 4.07m 4.01m			
3 Rhen Andison	Parkallen	3.98m	4.18m
4.18m 4.18m 4.09m 4.06m 4.06m PASS			
4 Roy Kim	Lansdowne	3.78m	4.07m
4.00m 3.83m 4.01m 3.95m 3.86m 4.07m			



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Boys Long Jump Elementary

5	Xavier Park		Rio Terrace		3.52m	3.76m
	3.76m	3.55m	3.61m	3.40m	3.37m	3.54m
6	Oscar Olfert		Lendrum		3.66m	3.64m
	3.61m	3.34m	3.58m	3.48m	3.64m	PASS
7	Caleb Ford		MeadowlarkChrist		3.52m	3.47m
	3.47m	3.28m	3.32m	3.20m	3.13m	2.81m

Men 19-30 800 Metre Run Isaak Invite

Isaak's Invitational Eight

Special thanks to: Running Room and Ellis Timing Canada.

Province: ! 1:49.46 2012-02-18 Tyler Smith (1994), LED; Edmonton, A

Meet: # 1:54.75 2018-03-17 Matthew Van Mulligen, U of A

Name	Year Team	Seed	Finals
------	-----------	------	--------

1	Brendan Calef	U of A	1:52.00	1:55.91
2	Michael Nishiyama	Running Room	1:56.00	1:57.38
3	Alex Bouferguene	U of A	1:54.78	1:57.98
4	Boyd Erickson	U of A	1:58.50	2:01.71
5	Kyle Erickson	Running Room	2:00.00	2:03.86
6	David Falk	Running Room		2:08.71
7	Robbie Nissen	Running Room		2:08.88
8	Garrett Gerke	Running Room	2:02.00	2:16.72

Men 200 Metre Dash Junior High

12 Advance: Top 1 Each Heat plus Next 7 Best Times

Sponsor: The Running Room

Meet: # 23.00 1985-03-15 Karl Jones, Killarney

Name	Year Team	Prelims	Qtrs	H#
------	-----------	---------	------	----

Quarter-Finals

1	Daniel Mercado	Elmer S. Gish	25.34	25.15Q	1
2	George Blacklock	Westlawn	26.28	25.51Q	5
3	Yann Kanga Kuate	St. John XXIII	26.21	25.96Q	4
4	Dylan Martin	Kate Chegwin	25.51	26.07Q	2
5	Mario Frechette	Joseph Moreau	25.81	26.39Q	3
6	Ethan Tweten	Broxton Park	25.54	25.43q	1
7	Aaron Schier	Greystone Cent.	26.42	25.92q	5
8	Logan Beaverford	Elmer S. Gish	26.37	25.93q	5
9	Julian Sy	S. Bruce Smith	26.80	26.19q	5
10	Brent Gamalinda	Kate Chegwin	27.09	26.64q	4
11	Malachi Marks	Avalon	27.05	26.91q	2
12	Taishon Mentore-Martin	Avalon	26.10	27.14q	3
13	Matthew Herrero	Kate Chegwin	27.81	27.21	1
14	Isaac Valleau	Wainwright	27.00	27.34	3 27.333
15	Matteo Pagliuso	Elmer S. Gish	27.82	27.34	3 27.336
16	Zach Tousignant-Corliss	Westlawn	27.73	27.40	3



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Men 200 Metre Dash Junior High

17 Emanuel Kwaw	Alexandre Tache	27.58	27.47	1
18 Bel Richard Kassi	Joseph Moreau	28.20	27.66	5
19 Michael Alday	Our Lady M.Pleas	27.82	27.88	2
20 Wilson Nguy	Spruce Avenue	28.81	28.23	2
21 Keaton Mah	Our Lady M.Pleas	29.28	28.24	1
22 Zachary Brown	Greystone Cent.	28.39	28.43	4
23 Aiden Losnberry	StThomAquinas SG	28.97	28.87	3
24 Kyle Horricks	StThomAquinas SG	29.14	28.93	2
25 Kayden Wolitski	Greystone Cent.	28.01	29.53	4
-- Aladin Holaihil	Riverbend	26.07	DQ	4 out of lane
-- Josh Knibbs	St. John XXIII	28.27	DNS	5
-- Matthew Eleweke	Avalon	26.02	DNS	2
-- Clark Mepa	Charlie Killam	29.01	DNS	1

Men 200 Metre Dash Junior High

6 Advance: Top 1 Each Heat plus Next 4 Best Times

Sponsor: The Running Room

Meet: # 23.00 1985-03-15 Karl Jones, Killarney

Name	Year Team	Qtrs	Semis	H#
Semi-Finals				
1 George Blacklock	Westlawn	25.51	25.43Q	2 25.428
2 Daniel Mercado	Elmer S. Gish	25.15	25.48Q	1
3 Ethan Tweten	Broxton Park	25.43	25.43q	2 25.429
4 Mario Frechette	Joseph Moreau	26.39	25.86q	1
5 Yann Kamga Kuate	St. John XXIII	25.96	25.97q	2
6 Dylan Martin	Kate Chegwin	26.07	26.11q	1
7 Logan Beaverford	Elmer S. Gish	25.93	26.21	1
8 Aaron Schier	Greystone Cent.	25.92	26.48	2
9 Taishon Mentore-Martin	Avalon	27.14	26.63	1
10 Julian Sy	S. Bruce Smith	26.19	26.89	1
11 Malachi Marks	Avalon	26.91	27.04	2
12 Brent Gamalinda	Kate Chegwin	26.64	27.09	2

Men 200 Metre Dash Junior High

Sponsor: The Running Room

Meet: # 23.00 1985-03-15 Karl Jones, Killarney

Name	Year Team	Semis	Finals
Finals			
1 Daniel Mercado	Elmer S. Gish	25.48	25.33
2 Ethan Tweten	Broxton Park	25.43	25.51
3 Mario Frechette	Joseph Moreau	25.86	25.58
4 George Blacklock	Westlawn	25.43	25.72
5 Dylan Martin	Kate Chegwin	26.11	26.12
6 Yann Kamga Kuate	St. John XXIII	25.97	26.52



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16**Universiade Pavilion, Edmonton, Alberta****Results - Saturday****Men 800 Metre Run Junior High****10 Advance: Top 1 Each Heat plus Next 8 Best Times**

Sponsor: The Running Room

Meet: # 1:59.45 2019-03-16 Mats Swanson, West Haven

Name	Year Team	Prelims	Semis	H#
Semi-Finals				
1 Mats Swanson	West Haven	2:01.99	# 1:59.45Q	1
2 Patrick Fisher	Wainwright	2:18.85	2:20.96Q	2
3 Keenan Desmarais	McKernan	2:20.35	2:21.76q	1
4 Carl Chu	Father Michael Troy	2:19.86	2:22.82q	2
5 Seth Ballermann	S. Bruce Smith	2:24.69	2:23.15q	2
6 Tyler Steele	Kate Chegwin	2:26.10	2:23.47q	2
7 Henrik Quintilio	Barrhead	2:28.75	2:24.96q	2
8 Mick Besko	Westminster	2:32.50	2:25.08q	1
9 Nathan Lefrancois	St. John XXIII	2:30.07	2:25.22q	1
10 Jephthe Macena	Riverbend	2:25.95	2:27.93q	1
11 Parker Wood	Riverbend	2:30.56	2:28.26	2
12 Alexandre Paquette	Joseph Moreau	2:24.99	2:30.99	2
13 Ali Hamaoui	Clear Vista	2:34.83	2:31.58	2
14 William Poplett-Hashey	Westlawn	2:32.40	2:32.34	1
15 Carson Young	Westminster	2:37.99	2:32.59	1
16 Kiernan Macintosh	Sister Annata Br	2:34.95	2:35.17	2
17 Josh Nwosu	S. Bruce Smith	2:40.39	2:37.56	2
-- Brownson Njoh	St. John XXIII	2:20.95	DNS	1

Men 800 Metre Run Junior High

Sponsor: The Running Room

Meet: # 1:59.45 2019-03-16 Mats Swanson, West Haven

Name	Year Team	Semis	Finals
Finals			
1 Mats Swanson	West Haven	1:59.45	2:09.50
2 Patrick Fisher	Wainwright	2:20.96	2:16.09
3 Carl Chu	Father Michael Troy	2:22.82	2:16.48
4 Keenan Desmarais	McKernan	2:21.76	2:19.82
5 Seth Ballermann	S. Bruce Smith	2:23.15	2:23.30
6 Tyler Steele	Kate Chegwin	2:23.47	2:23.59
7 Henrik Quintilio	Barrhead	2:24.96	2:25.15
8 Mick Besko	Westminster	2:25.08	2:27.16
-- Nathan Lefrancois	St. John XXIII	2:25.22	DNS
-- Parker Wood	Riverbend	2:28.26	DNS



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

Men 8x200 Metre Relay Junior High

6 Advance: Top 1 Each Heat plus Next 4 Best Times

Sponsor: The Running Room

Meet: # 3:24.23 2014-03-15 Riverbend

Team	Prelims	Semis	H#
Semi-Finals			
1 Lorne Akins	3:39.00	3:32.34Q	1
2 Avalon	3:41.08	3:35.70Q	2
3 Mary Butterworth	3:40.38	3:33.79q	1
4 Riverbend	3:43.49	3:39.28q	2
5 Vernon Barford	3:43.49	3:40.79q	1
6 Kate Chegwin	3:50.63	3:40.93q	2
7 Mary Butterworth 'B'	3:50.77	3:45.92	2
8 Lorne Akins 'B'	4:02.87	3:50.92	1
9 R.S. Fowler	3:52.50	3:51.84	1
10 S. Bruce Smith	3:55.73	3:54.21	2
11 Corpus Christi	3:54.48	3:55.51	2
12 Avalon 'B'	3:51.28	3:55.63	1
13 Father Michael Troy	4:03.37	3:55.71	2

Men 8x200 Metre Relay Junior High

Sponsor: The Running Room

Meet: # 3:24.23 2014-03-15 Riverbend

Team	Semis	Finals
Finals		
1 Avalon	3:35.70	3:31.98
2 Mary Butterworth	3:33.79	3:33.72
3 Lorne Akins	3:32.34	3:34.43
4 Vernon Barford	3:40.79	3:38.16
5 Riverbend	3:39.28	3:40.36
6 Kate Chegwin	3:40.93	3:49.89

Men 200 Metre Dash Senior High

6 Advance: Top 1 Each Heat plus Next 4 Best Times

Sponsor: The Running Room

Province: ! 21.42 1988-02-06 Brad McCuaig (1970), CAL; Winnipeg

Meet: # 22.10 1987-03-15 Selwyn Taylor, Harry Ainlay

Name	Year Team	Prelims	Semis	H#
Semi-Finals				
1 Jaxon Hume	Harry Ainlay	23.58	23.14Q	2
2 Evan Martens	Strathcona	23.55	23.86Q	1
3 Tyrone de Vega	Ross Sheppard	23.62	23.74q	2
4 Jacob Bodnaruk	Louis St. Laurent	24.15	23.92q	1
5 Josh Bethel	St. Francis Xavier	25.28	23.98q	1



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Men 200 Metre Dash Senior High

6	Bennett Packard	Leduc Composite	24.22	24.40q	2
7	Julius Hamelin	St. PeterApostle	24.23	25.29	1
8	Hayden Muz	Leduc Composite	26.67	26.98	1
--	Aaron Brown	Archbishop Jordan	24.17	DNS	2
--	Kaleb Ndaya	Harry Ainlay	25.60	DNS	2
--	Jamie Spilsbury	Morinville	26.43	DNS	2

Men 200 Metre Dash Senior High

Sponsor: The Running Room

Province: ! 21.42 1988-02-06 Brad McCuaig (1970), CAL; Winnipeg

Meet: # 22.10 1987-03-15 Selwyn Taylor, Harry Ainlay

Name	Year	Team	Semis	Finals
------	------	------	-------	--------

Finals

1	Evan Martens	Strathcona	23.86	22.87
2	Jaxon Hume	Harry Ainlay	23.14	22.89
3	Tyrone de Vega	Ross Sheppard	23.74	23.66
4	Jacob Bodnaruk	Louis St. Laurent	23.92	23.76
5	Josh Bethel	St. Francis Xavier	23.98	24.09
--	Bennett Packard	Leduc Composite	24.40	DNS

Men 800 Metre Run Senior High

Sponsor: The Running Room

Province: ! 1:49.46 2012-02-18 Tyler Smith (1994), LEDUC; Edmonton

Meet: # 1:53.58 2014-03-15 Isaac Penner, Strathcona

Name	Year	Team	Prelims	Finals
------	------	------	---------	--------

1	Skyler York	Ross Sheppard	2:04.89	2:01.56
2	Joel Fenske	Strathcona	2:05.33	2:02.46
3	Brady Galvin	Paul Kane	2:07.07	2:02.79
4	Connor Bole	Leduc Composite	2:06.00	2:04.17
5	Rhys Dunn	Leduc Composite	2:06.66	2:04.28
6	Alec Paine	Vimy Ridge Academy	2:10.63	2:07.78
7	Nebil Jemal	Spruce Avenue	2:09.91	2:08.28
8	Levi Osterwalder	Our Lady M.Pleas	2:09.68	2:08.81
9	Tofik Said	Eastglen	2:08.88	2:14.98
--	Cassian Murray-White	Strathcona	2:07.87	DNS

Men 8x200 Metre Relay Senior High

Sponsor: The Running Room

Meet: # 3:10.20 1987-03-15 Harry Ainlay

Team	Seed	Finals
------	------	--------

1	Ross Sheppard	3:16.02
2	Harry Ainlay	3:16.29



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Men 8x200 Metre Relay Senior High

3	Strathcona	3:17.87
4	Paul Kane	3:27.48
5	Ross Sheppard 'B'	3:31.63
6	Mother Margaret Mary	3:35.85
--	Harry Ainlay 'B'	DNS

Mixed 4x200 Metre Relay Teacher

Meet: # 1:51.20 1989-03-15 Edith Rogers

Team	Prelims	Finals	
1	Ross Sheppard	1:55.48	1:57.52
2	Meridian Heights	2:01.31	1:57.96
3	Meadowlark Christian	2:05.64	2:02.95
4	Neerlandia Public Christian	2:17.20	2:07.22
5	Meridian Heights 'B'	2:15.03	2:18.00

Mixed 8x200 Metre Relay Elementary**6 Advance: Top 1 Each Heat plus Next 2 Best Times**

Sponsor: The Running Room

Meet: # 4:12.48 2014-03-15 Windsor Park

Team	Prelims	Semis	H#
Semi-Finals			
1	Lendrum	4:33.30	4:29.69Q 1
2	Parkallen	4:39.96	4:31.40Q 3
3	Windsor Park	4:38.40	4:32.73Q 4
4	Belgravia	4:37.06	4:33.55Q 2
5	Centennial Wetaskiwin	4:40.71	4:31.78q 3
6	Neerlandia Public Christian	4:53.59	4:34.45q 2
7	La Mission	4:40.62	4:35.44 4
8	Lansdowne	4:40.20	4:35.90 4
9	Sister Alphonse 'B'	4:38.25	4:36.32 3
10	Menisa	4:46.95	4:36.40 2
11	Bertha Kennedy	4:39.34	4:39.91 3
12	Riverdale	4:38.52	4:41.35 4
13	Queen Alexandra	4:45.65	4:43.19 2
14	Thorncliffe 'B'	4:52.22	4:44.24 1
15	Lendrum 'B'	5:03.15	4:45.51 1
16	Brookside	4:46.24	4:47.54 1
17	St. Vladimir 'B'	4:58.51	4:50.29 4
18	Homesteader 'B'	4:56.56	4:55.21 4
19	Drayton Christian	4:59.40	4:58.81 2
20	Argyll Centre	5:00.26	5:00.18 2
21	Bertha Kennedy 'B'	5:05.01	5:01.35 3
22	Holden	4:56.06	5:02.99 1
23	Waverley	4:51.52	5:04.55 1



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Mixed 8x200 Metre Relay Elementary

-- Dunstable 5:04.84 DNS 3

Mixed 8x200 Metre Relay Elementary

Sponsor: The Running Room

Meet: # 4:12.48 2014-03-15 Windsor Park

Team	Semis	Finals
------	-------	--------

Finals

1 Lendrum	4:29.69	4:26.58
2 Windsor Park	4:32.73	4:30.51
3 Belgravia	4:33.55	4:34.01
4 Neerlandia Public Christian	4:34.45	4:34.72
5 Parkallen	4:31.40	4:37.48
6 Centennial Wetaskiwin	4:31.78	4:44.64

Mixed 8x200 Metre Relay Junior High

6 Advance: Top 1 Each Heat plus Next 4 Best Times

Sponsor: The Running Room

Meet: # 3:40.40 2012-03-17 Meridian Heights

Team	Prelims	Semis	H#
------	---------	-------	----

Semi-Finals

1 St. John XXIII	3:47.40	3:46.52Q	1
2 Woodhaven	3:50.77	3:46.74Q	2
3 Meridian Heights 'B'	3:49.83	3:49.10q	2
4 Westlawn	3:56.61	3:53.13q	1
5 Greystone Centennial	3:55.19	3:53.70q	2
6 Duffield	4:05.36	3:54.67q	2
7 Elmer S. Gish	3:55.56	3:55.57	2
8 Blueberry	3:54.62	3:57.65	1
9 Wainwright	3:56.97	3:57.90	1
10 Our Lady of Mount Pleasant	4:00.06	4:01.29	1
11 Woodhaven 'B'	4:01.65	4:06.31	2

Mixed 8x200 Metre Relay Junior High

Sponsor: The Running Room

Meet: # 3:40.40 2012-03-17 Meridian Heights

Team	Semis	Finals
------	-------	--------

Finals

1 St. John XXIII	3:46.52	3:46.16
2 Woodhaven	3:46.74	3:46.59
3 Meridian Heights 'B'	3:49.10	3:49.01
4 Westlawn	3:53.13	3:54.24
5 Duffield	3:54.67	3:54.83



The Running Room 41st Annual Indoor Games - 2019-02-19 to 2019-03-16

Universiade Pavilion, Edmonton, Alberta

Results - Saturday

....Mixed 8x200 Metre Relay Junior High

6 Greystone Centennial

3:53.70

3:55.09

