

41st Annual Running Room Indoor Games

Tuesday February 19 to Saturday, March 16, 2019

Universiade Pavilion (Butterdome)

Info: www.indoorgames.ca



Dear Principal and/or Physical Education Instructor:

We hope your students will join us at the 41st Annual Running Room Indoor Games presented by New Balance. The Running Room Indoor Games is a community track and field event that allows children from grades 3 -12 the opportunity to experience the thrill of competition -- against themselves and each other. Track events for girls and boys include 200m and 800m individual events as well as 8 x 200m relay events. Mixed relay events are offered for small elementary and junior high schools (further details are supplied in this document). Long jump competitions are open for elementary students. A teachers' relay race, and select invitational events are also available for your participation.

Entries are processed on a first-come, first-served basis, so enter early! Please ensure you sign up for the email list online at www.indoorgames.ca so we can inform you of any changes to the schedule. Receipt of your entries will be confirmed by email within 24 hours. If you have not received confirmation within 48 hours, please contact the **Registration Director** at indoorgames@runningroom.com.

We hope to see you at the 41st Annual Running Room Indoor Games!

Registration Information

- ❖ Open Practice Night is on Monday February 11th from 3:00 p.m. to 8:00 p.m.
- ❖ The Finals are on Saturday, March 16th from 8:30 a.m. to 10:00 p.m. for qualifying athletes and teams.
- ❖ Participants must be registered students of the school they are representing.
- ❖ Students are limited to one individual event and one relay team.
- ❖ Entry fee is \$8 per individual and \$28 per relay team.
- ❖ Age Restrictions: Elementary born March 1, 2006 or later; Junior High born March 1, 2003 or later; High School born March 1, 2000 or later.

School	Entry Deadlines	Relay Competition Date	Individual Competition Date
Elementary Schools Grades 3 – 6	Thu Feb 14 (Relay) Thu Feb 14 (Ind.)	Tue Feb 19 Wed Feb 20	Tue Feb 19 Wed Feb 20
Junior High Schools Grades 7 – 9	Thu Mar 7 (Relay) Thu Mar 7 (Ind.)	Tue Mar 12	Tue Mar 12
Senior High Schools Grades 10 – 12	Tue Mar 12 (Relay) Thu Mar 7 (Ind.)	Sat Mar 16	Tue Mar 12
Teachers' Relay 3 Competition Dates Available	Thu Feb 14 (Elementary) Thu Mar 7 (Jr/Sr High)	Tue Feb 19 Wed Feb 20 Tue Mar 12	N/A

Additional information for coaches, athletes and parents is available online at www.indoorgames.ca

Register for the Running Room Indoor Games email list to receive event news and updates.

Note: Payment must be received before teams are allowed to compete, and all confirmed entries after their respective deadline must be paid for.

GENERAL NOTICE: Running Room Indoor Games is a public event. Photographers/reporters will be on site for all preliminaries and the finals. Photos/footage will be taken and athletes' names will be published. Anyone registering a child athlete with FOIP concerns should be aware of this.

Please remember to have the Running Room Indoor Games Waiver of Liability Agreement or Informed Consent Form signed by the Parent or Guardian of each student participant and to return the Waiver of Liability or Informed Consent Form to Running Room via mail or at the Registration Table on the first day of competition.